

Spalding Gray Quotes

*People, New York, Travel, Home, Real, Moving, Thinking, Suicide, Baby,
Mother, Skiing, Order, Memories, Might, Breaths, Believe, Freak, Mistake,
Waitress, Girlfriend*

One of the ways to reincarnate is to tell your story.

~Spalding Gray

I knew I couldn't live in America and I wasn't ready to move to Europe so I moved to an island off the coast of America - New York City .

~Spalding Gray

I'm kind of this control freak that likes to create his own hells before the real one can get to him

~Spalding Gray

Everything is contingent, and there is also chaos.

~Spalding Gray

How theraputic it is to surrond yourself with people stranger than yourself.

~Spalding Gray

Skiing is better than sex actually, because for me a good round of sex might be seven minutes. Skiing you can do for seven hours.

~Spalding Gray

I see [my pen] as an extension of my musculature. It's like being a painter. It's the closest I can get to my breath.

~Spalding Gray

I was darkly convinced that at age 52 I would kill myself because my mother committed suicide at that age. I was fantasizing that she was waiting for me on the other side of the grave.

~Spalding Gray

Real life has always let me down. That's why I do the monologues. I have always said I would rather tell a life than live a life. But I have to live a life in order to tell one.

~Spalding Gray

If I can make people laugh it's like being a good lover.

~Spalding Gray

The only thing I don't doubt is my doubt.

~Spalding Gray

I refer to jet lag as 'jet-psychosis - there's an old saying that the spirit cannot move faster than a camel.

~Spalding Gray

The fact that New York continues in the face of all of the chaos, of the crime, of the madness, you just think that it would just pop and vanish, just explode.

~Spalding Gray

I hadn't had a perfect moment yet. And it's very important for me to have perfect moments in exotic countries like that... it kind of lets you know when it's time to go home.

~Spalding Gray

I think of New York as a puree and the rest of the United States as vegetable soup.

~Spalding Gray

He won't fly on the Balinese airline, Garuda, because he won't fly on any airline where the pilots believe in reincarnation.

~Spalding Gray

To be famous is to be stuck in an inflexible place. But at least it is to be stuck with money.

~Spalding Gray

All the beautiful waitresses existed like eternal responsibilities.

~Spalding Gray

I understood once I held a baby in my arms, why some people have the need to keep having them.

~Spalding Gray

I consulted a therapist at Mass. General. After about 20 minutes, he stopped me and said, 'You're just a big existential garbage pail. Go home and relax.'

~Spalding Gray

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