Men, Mind, Spiritual, Self, Light, Soul, Thinking, Yoga, Play, Sri Lanka, Heart, Life, Firsts, World, Mean, Secret, Silence, God, Consciousness, Ideas

When mind is still, then truth gets her chance to be heard in the purity of the silence.

~Sri Aurobindo

Life is life - whether in a cat, or dog or man. There is no difference there between a cat or a man. The idea of difference is a human conception for man's own advantage.

~Sri Aurobindo

The whole world yearns after freedom, yet each creature is in love with his chains; this is the first paradox and inextricable knot of our nature.

~Sri Aurobindo

Each victory gained over oneself means new strength to gain more victories.

~Sri Aurobindo

Our actual enemy is not any force exterior to ourselves, but our own crying weaknesses, our cowardice, our selfishness, our hypocrisy, our purblind sentimentalism.

~Sri Aurobindo

In order to see, you have to stop being in the middle of the picture ~Sri Aurobindo

The supreme state of human love is...the unity of one soul in two bodies.

~Sri Aurobindo

The first principle of true teaching is that nothing can be taught.

~Sri Aurobindo

The Divine Truth is greater than any religion or creed or scripture or idea or philosophy.

~Sri Aurobindo

One who loves God finds the object of his love everywhere.

~Sri Aurobindo

If a religion is not universal, it cannot be eternal. A narrow religion, a sectarian religion, an exclusive religion can live only for a limited time and a limited purpose.

~Sri Aurobindo

True knowledge is not attained by thinking. It is what you are; it is what you become.

~Sri Aurobindo

Our human knowledge is a candle burnt On a dim altar to a sun-vast Truth.

~Sri Aurobindo

Peace is the first condition, without which nothing else can be stable.

~Sri Aurobindo

Arise, transcend Thyself, Thou art man and the whole nature of man Is to become more than himself.

~Sri Aurobindo

All existence is a manifestation of God.

~Sri Aurobindo

What men call knowledge, is the reasoned acceptance of false appearances. Wisdom looks behind the veil and sees.

~Sri Aurobindo

Turn all things to honey; this is the law of divine living.

Sin and virtue are a game of resistance we play with God in His efforts to draw us towards perfection.

~Sri Aurobindo

By your stumbling, the world is perfected.

~Sri Aurobindo

What the soul sees and has experienced, that it knows; the rest is appearance, prejudice and opinion.

~Sri Aurobindo

Live within; be not shaken by outward happenings.

~Sri Aurobindo

There is nothing mind can do that cannot be better done in the mind's immobility and thought-free stillness. When mind is still, then truth gets her chance to be heard in the purity of the silence.

~Sri Aurobindo

Love is the keynote, Joy is the music, Knowledge is the performer, the Infinite All is the composer and audience.

~Sri Aurobindo

The practice of Yoga brings us face to face with the extraordinary complexity of our own being.

~Sri Aurobindo

He who chooses the infinite has been chosen by the infinite.

~Sri Aurobindo

A thought is an arrow shot at the truth; it can hit a point, but not cover the whole target. But the archer is too well satisfied with his success to ask anything farther.

To listen to some devout people, one would imagine that God never laughs.

~Sri Aurobindo

The fly that touches honey cannot use it's wings; so too the soul that clings to spiritual sweetness ruins it's freedom and hinders contemplation.

~Sri Aurobindo

Trust the divine power, and she will free the godlike elements in you and shape all into an expression of divine nature.

~Sri Aurobindo

Watch the too indignantly righteous. Before long you will find them committing or condoning the very offence which they have so fiercely censured.

~Sri Aurobindo

All thoughts, desires, conventions, attachments which come from outside must be ruthlessly pushed away.

~Sri Aurobindo

The spiritual path is one of falling on your face, getting up, brushing yourself off, turning and looking sheepishly at God and then taking the next step.

~Sri Aurobindo

The existence of poverty is the proof of an unjust and ill-organised society, and our public charities are but the first tardy awakening in the conscience of a robber.

~Sri Aurobindo

[S]tand aside and watch the working of the divine power in yourself.

Evolution of consciousness is the central motive of terrestrial existence.

~Sri Aurobindo

But difficulties were made to be overcome and if the Supreme Will is there, they will be overcome.

~Sri Aurobindo

Care not for time and success. Act out thy part, whether it be to fail or to prosper.

~Sri Aurobindo

We cannot afford to raise any institution to the rank of a fetish. To do so would be simply to become the slaves of our own machinery.

~Sri Aurobindo

Spirituality is indeed the master-key of the Indian mind; the sense of the infinitive is native to it.

~Sri Aurobindo

Detachment is the beginning of mastery.

~Sri Aurobindo

The supreme end is the freedom of the spirit.

~Sri Aurobindo

The cup has to be left clean and empty for the divine liquor to be poured into it.

~Sri Aurobindo

Yoga is a generic name for any discipline by which one attempts to pass out of the limits of one's ordinary mental consciousness into a greater spiritual consciousness.

Outside and above the mind there is the play of a consciousness which is lighted by the higher Truth, but man is not conscious of it and of that he has to be conscious.

~Sri Aurobindo

Death is but changing of our robes to wait in wedding garments at the Eternal's gate.

~Sri Aurobindo

The soul in man is greater than his fate.

~Sri Aurobindo

The Atheist is God playing at hide and seek with Himself; but is the Theist any other? Well, perhaps; for he has seen the shadow of God and clutched at it.

~Sri Aurobindo

The mind has these four levels: physical, vital, buddhi, higher mind. The Supermind is far above these.

~Sri Aurobindo

There is nothing small in God's eyes; let there be nothing small in thine ~Sri Aurobindo

Live according to Nature, runs the maxim of the West; but according to what nature, the nature of the body or the nature which exceeds the body? This first we ought to determine.

~Sri Aurobindo

The only work that spiritually purifies us is that which is done without personal motives.

~Sri Aurobindo

While doing work if the mind continues to be active let it be so, but

there must be at the same time a capacity for silence.

~Sri Aurobindo

To doubt the experience is to discourage it. Let it be developed, see what is in it.

~Sri Aurobindo

Hidden nature is secret God.

~Sri Aurobindo

The subliminal mind receives and remembers all those touches that delight the soul. Our soul takes joy in this right touching by the Essence of all experience.

~Sri Aurobindo

Genius discovers a system; average talent stereotypes it till it is shattered by fresh genius.

~Sri Aurobindo

The great are strongest when they stand alone, A God-given might of being is their force.

~Sri Aurobindo

One mighty deed can change the course of things; a lonely thought becomes omnipotent.

~Sri Aurobindo

When Reason died, then Wisdom was born.

~Sri Aurobindo

The Atheist is God playing at hide and seek with Himself.

~Sri Aurobindo

The all-embracing vast being which is there behind the play of the

universe and with which you will have to identify yourself - for this is your true self.

~Sri Aurobindo

Rather hang thyself than belong to the horde of successful imitators.

~Sri Aurobindo

Recover the source of all strength in yourself, and all else will be added to you ... political freedom, the mastery of human thought, the hegemony of the world.

~Sri Aurobindo

That which we call the Hindu religion is really the Eternal religion because it embraces all others.

~Sri Aurobindo

The Gita is the greatest gospel of spiritual works ever yet given to the race.

~Sri Aurobindo

Remember that you are at an exceptional hour in a unique epoch, that you have this great happiness, this invaluable privilege, of being present at the birth of a new world.

~Sri Aurobindo

The mind of an ordinary man is truly near the heart.

~Sri Aurobindo

Ourselves within us lethal forces nurse; We make of our own enemies our guests.

~Sri Aurobindo

For all problems of existence are essentially problems of harmony.

The experiences of your past life which are stored within come up to the surface to be rejected. By rejecting all these by and by the inside will have to be cleansed.

~Sri Aurobindo

The highest aim of the aesthetic being is to find the Divine through beauty; the highest Art is that which by an inspired use of significant and interpretative form unseals the door of the spirit.

~Sri Aurobindo

Transform reason into ordered intuition; let all thyself be light. This is thy goal.

~Sri Aurobindo

All that is born and destroyed is reborn in the sweep of the ages; Life like a decimal ever recurring repeats the old figure.

~Sri Aurobindo

The anarchic is the true divine state of man in the end as in the beginning; but in between it would lead us straight to the devil and his kingdom.

~Sri Aurobindo

This world is a vast unbroken totality, a deep solidarity joins its contrary powers.

~Sri Aurobindo

No danger can perturb my spirit's calm.

~Sri Aurobindo

The inside must be made entirely calm and quiet and there should reign an upward aspiration - a state of awaiting.

The Person is a bubble on Time's sea.

~Sri Aurobindo

India of the ages is not dead nor has she spoken her last creative word; she lives and has still something to do for herself and the human peoples.

~Sri Aurobindo

Impossibility is only a sum of greater unrealised possibles. It veils an advanced stage and a yet unaccomplished journey.

~Sri Aurobindo

What is God after all? An eternal child playing an eternal game in an eternal garden.

~Sri Aurobindo

The Bhagavad-Gita is a true scripture of the human race a living creation rather than a book, with a new message for every age and a new meaning for every civilization.

~Sri Aurobindo

Our lives are God's messengers beneath the stars.

~Sri Aurobindo

An active mind needs an outlet. If it stops by itself from within, well and good; otherwise one should not try to stop this by force.

~Sri Aurobindo

To have a developed intellect is always helpful if one can enlighten it from above and turn it to a divine use.

~Sri Aurobindo

When we have passed beyond knowings, then we shall have Knowledge.

~Sri Aurobindo

Knowledge gropes but meets not Wisdom's face.

~Sri Aurobindo

Only when Eternity takes Time by the hand, Only when infinity weds the finite's thought, Can man be free from himself and live with God.

~Sri Aurobindo

A great thing would be done if all these God-visions could embrace and cast themselves into each other; but intellectual dogma and cult egoism stand in the way.

~Sri Aurobindo

To hope for a true change of human life without a change of human nature is an irrational and unspiritual proposition.

~Sri Aurobindo

A God who cannot smile, could not have created this humorous universe.

~Sri Aurobindo

The expression "from above" is for us only a way of speaking. Many receive from above the command for action - we call it intuition.

~Sri Aurobindo

All kinds of indications will come from above and whatever you do must be referred to the Above.

~Sri Aurobindo

Man in the world's life works out the dreams of God.

~Sri Aurobindo

The principle of Yoga is the turning of one or of all powers of our human

existence into a means of reaching divine Being.

~Sri Aurobindo

Not in the state of unconsciousness, but in full awareness when the higher Power will descend into and direct us, then only the yogic life will begin.

~Sri Aurobindo

That within us which seeks to know and to progress is not the mind but something behind it which makes use of it.

~Sri Aurobindo

Delight is the secret. Learn of pure delight and thou shalt learn of God.

~Sri Aurobindo

You have however within you an inclination towards completeness.

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