

# Srikumar Rao

## Quotes

*Giving, Positive Thinking, Stress, Attitude, Focus, Grateful, Boss, Thinking, Goal, Wake Up, Earth, Impact, Wall, Team, Being Positive, Accepting, Fans, Happiness, Stuff, Views*

There's no destination. The journey is all that there is, and it can be very, very joyful.

~Srikumar Rao

Being obsessed by goals is bad for you. You should set goals, even ambitious goals, regularly. But focus on them only to the extent that they give you direction.

~Srikumar Rao

It does not matter whether I am in Hong Kong or Sao Paolo - people always want to talk about toxic bosses and what to do about them.

~Srikumar Rao

Once you accept, truly accept, that stuff will happen to you and there is nothing you can do about it, stress miraculously leaves your life.

~Srikumar Rao

It's wonderful to be grateful. To have that gratitude well out from deep within you and pour out in waves. Once you truly experience this, you will never want to give it up.

~Srikumar Rao

We have the ability to craft a life where we are completely fulfilled. We think it is dependent on outsiders, and to some extent it is, but it is much more dependent on the attitude we bring to life.

~Srikumar Rao

Stress appears in your life because you have a rigid view of 'This is the way the world should be,' and the Universe pays scant regard to your desires. And you refuse to accept this.

~Srikumar Rao

I am not a big fan of positive thinking. The term suggests that there is something negative that you have to counteract by being positive. That

is an artificial duality.

~Srikumar Rao

Galileo got it wrong. The earth does not revolve around the sun. It revolves around you and has been doing so for decades. At least, this is the model you are using.

~Srikumar Rao

Knowing that you are living in a dreamworld is very liberating, because it gives you the option of waking up.

~Srikumar Rao

Many persons swear by positive thinking, and quite a few have been helped by it. Nevertheless, it is not a very effective tool and can be downright harmful in some cases.

~Srikumar Rao

Positive thinking is so firmly enshrined in our culture that knocking it is a little like attacking motherhood or apple pie.

~Srikumar Rao

When the flower blossoms, the bee will come.

~Srikumar Rao

Before you can follow your own drummer, you have to hear the drummer.

~Srikumar Rao

I don't focus on happiness as a goal or an end.

~Srikumar Rao

If I can impact an executive and his or her team, I can help to change the culture of an organization.

~Srikumar Rao

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