

# Stedman Graham

## Quotes

*Goal, Moving, Thinking, Dream, People, Vision, Heart, Inspirational, Sports,  
Positive, Important, Mind, Accomplishment, Book, Life, Trust, Want, Fear, Folks,  
Giving Up*

People who consider themselves victims of their circumstances will always remain victims unless they develop a greater vision for their lives.

~Stedman Graham

When you have a sense of your own identity and a vision of where you want to go in your life, you then have the basis for reaching out to the world and going after your dreams for a better life.

~Stedman Graham

People who let events and circumstances dictate their lives are living reactively. That means that they don't act on life, they only react to it.

~Stedman Graham

To know yourself is the first and most important step in pursuing your dreams and goals.

~Stedman Graham

All your life you compare and contrast, explore and search. But knowing yourself well is, well, elusive.

~Stedman Graham

And whenever you encounter a problem, no matter how insurmountable it might seem, there is one simple response that should be ingrained in your behavior: Never give up.

~Stedman Graham

If you did the same thing you did yesterday as you did today as you will do tomorrow, what have you done? The same thing.

~Stedman Graham

When you set goals, you have to keep them always in mind.

~Stedman Graham

Having a vision for your life allows you to live out of hope, rather than out of your fears.

~Stedman Graham

We make the best choices when we have invested all of our energies, our hearts, and our souls into a course of action that leads to the accomplishment of goals we are passionate about.

~Stedman Graham

The idea of being able to serve as an example, based upon how to process, how to think, how to realize our own dreams, we can pass that down to our children.

~Stedman Graham

I've found that often, just when you think you've hit a wall, you experience a breakthrough that takes you to new heights in accomplishment

~Stedman Graham

It's not what you have at the end of life, it's what you leave behind that matters.

~Stedman Graham

So while you're an athlete, and you have that platform, what you want to be able to do is make it work for you as much as possible, because there's going to be life after sports.

~Stedman Graham

A primary purpose for setting goals is to get you moving in the right direction. When you set goals, you have to keep them always in mind.

~Stedman Graham

I'm a lucky guy. No question.

~Stedman Graham

I'm pretty grounded on my own passion - writing books, you know, doing programs, speaking around the country. And I love what I do.

~Stedman Graham

How can I go out there and create value?

~Stedman Graham

Everybody has 24 hours and the question is, what do you do with your 24 hours? That's what makes everybody equal.

~Stedman Graham

Understand who you are, so that you can be the same, whether you're talking to a homeless person or the president of the United States. You're the same person.

~Stedman Graham

When everybody has access to an avalanche of information, becoming a master thinker is very important in your life-long security.

~Stedman Graham

I've worked in the prison system for five years, and most of those folks in prison didn't have a direction.

~Stedman Graham

Sports isn't just a part of life. It's not life itself.

~Stedman Graham

I define myself by everything that I love, everything I can create, everything that I can imagine.

~Stedman Graham

You know and we have about 60 to 70 percent black men in prison today and it's because of the negativity they have in their own hearts.

~Stedman Graham

Each of us can make a great difference in the lives of other people, particularly as we move along the Success Process ourselves growing in strength, gaining experience and knowledge.

~Stedman Graham

You know, you're living in a society where if you say something that you might think may be OK, when it's more sensitive to that particular culture. You have to be very, very careful.

~Stedman Graham

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