

# Stephanie Klein

## Quotes

*Health, Thinking, People, Divorce, Knowing, Weight, Trying, Defense,  
Friendship, Kids, Fun, Waiting, Smart, Self Esteem, Children, Baseball, School,  
Unattainable, Emotional, Real*

What we wait around a lifetime for with one person, we can find in a moment with someone else.

~Stephanie Klein

There's something almost perfect in the ugly duckling syndrome. Because a sensitivity is tattooed on a part of you no one else can see but can somehow guess is there.

~Stephanie Klein

When we die, no one remembers us for what we weighed. Our weight isn't etched into our headstones.

~Stephanie Klein

The way I see it, love is an amusement park, and food its souvenir.

~Stephanie Klein

Women in our generation, we were taught we can be and do anything as long as we work hard. But you can't work hard enough for two people.

~Stephanie Klein

I spent my whole single life trying to be thin just to find someone who'd love me once I got fat.

~Stephanie Klein

People can say you're fat because you're filling a void, or you eat for all these emotional reasons. I said, 'I don't need to focus on this anymore. It doesn't matter why I'm fat. Let's fix it.'

~Stephanie Klein

I'm human. But overall, whenever I see anyone being made fun of or given a hard time, I rush to their defense. I want to help them because I know how it feels.

~Stephanie Klein

I hated the reflection in the mirror. I wanted so much to be someone else... I thought that if I was thinner, the rest of my life would change.

~Stephanie Klein

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