

Steve House Quotes

*Sports, Goal, Training, Mountain, Years, Climbs, Unique, Links, Speed, Athlete,
Limitation, Climbing, Two, Feelings, Feet, Team, Running, Commitment, Art,
Transcendence*

You can't coach desire, and no matter how fancy your training plan or how high your stated goals are, it comes down to getting out the door and doing the work day after day.

~Steve House

Within alpinism's narrow framework we seek transcendence and relentlessly pursue what remains hidden from us on flat ground: our true selves.

~Steve House

The depth of any story is proportionate to the protagonist's commitment to their goal, the complexity of the problem, and the grace of the solution.

~Steve House

In the mountains, fatigue is the biggest controllable limitation that will come between you and success.

~Steve House

Climbers are a universal tribe: we share the knowledge that things are not important. Experience is important. Feeling is important.

~Steve House

You will never exploit your full technical capacity if your fitness remains a weak link.

~Steve House

The simpler we make things, the richer the experiences become.

~Steve House

The descent is often as much (or more of) a challenge as the climb.

~Steve House

On big routes in big mountains, speed equals safety.

~Steve House

Many would argue that alpinism is art, not sport.

~Steve House

We climbers have much to learn from the training done in conventional sports.

~Steve House

Alpinism places unique demands on its practitioners.

~Steve House

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