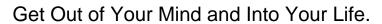# Steven C. Hayes Quotes

People, Thinking, Pain, Technology, Children, Moving, Night, Journey, Mind, School, Hurt, Giving, Memories, Empowering, Meaningful, Brain, Psychology, Country, Focus, Anxiety

Get Out of Your Mind and Into Your Life.

~Steven C. Hayes

If you aren't willing to have it, you will.

~Steven C. Hayes

Get Out of Your Mind and Into Your Life.

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