People, Trying, Men, Winning, Community, Struggle, Effort, What Matters, Way, Ideas, Leader, Different, Skills, Smart, Keys, Want, Focus, Mean, Issues, Self

People struggle most with seeing new ways of doing things and often need help in breaking through their tradition-bound mindsets.

~Stewart D. Friedman

Skilled leaders focus on "we," not "me."

~Stewart D. Friedman

We all want to have a rich and meaningful work life and a fulfilling life beyond work.

~Stewart D. Friedman

"Leading" is about mobilizing people toward valued goals.

~Stewart D. Friedman

Firms that fully embrace the needs and interests of the whole person will win today's competition for the best talent.

~Stewart D. Friedman

Knowing what matters most, what I call "being real," is the alpha and omega for leaders.

~Stewart D. Friedman

My purpose is to help people understand that leadership skills are useful and relevant for pursuing meaningful aspirations in all aspects of life, and that this is a choice, a decision, not a default.

~Stewart D. Friedman

When employers no longer offer secure full-time employment with benefits, then it's hard to expect employees to be loyal, engaged, and maximally productive.

~Stewart D. Friedman

Curiosity about the world and questioning of the status quo to open minds to alternative visions of the future are essential leadership skills.

And they can be learned.

~Stewart D. Friedman

The worst thing you can do, despite the innumerable obstacles we confront, is to not try.

~Stewart D. Friedman

The principles that apply to engagement for employees are the same as those that apply to supervisors.

~Stewart D. Friedman

The act of envisioning is mainly useful as a means for identifying what matters most to you now.

~Stewart D. Friedman

If you're searching for "work/life balance" you'll always be disappointed because "balance" connotes a zero-sum equation.

~Stewart D. Friedman

The only failure is the failure to learn from conscious and deliberate efforts to make things better, even if those attempts fall short of the mark.

~Stewart D. Friedman

I am very gratified to have lived to see a revolution in the field of work/life: Everyone - men and women, employees and employers - now has this issue top of mind.

~Stewart D. Friedman

Continual improvisation on a theme is a more useful way to think of how to bring the various parts of life together.

~Stewart D. Friedman

Right now we're in the midst of a grand experiment on how best to

harness the incredible power of the Internet while we struggle to maintain useful boundaries among the different parts of our lives.

~Stewart D. Friedman

Of course that's the best way to continue to learn anything: Try to teach it!

~Stewart D. Friedman

Young men now want to be caregivers as well as earners so they have joined with women in demanding a different compact at work; they want flex and time for family too.

~Stewart D. Friedman

Technology has changed everything.

~Stewart D. Friedman

Having a 9-to-5 workday in which work is left behind when one leaves the office is no longer the norm as employers expect employees to be available outside of work.

~Stewart D. Friedman

No one can have it all, at the same time. I've never seen that.

~Stewart D. Friedman

Family, community, and the realm of the private self - your mind, body, and spirit - are all important sources of the inspiration, support, and ideas we all need to lead the lives we want.

~Stewart D. Friedman

Michelle Obama is a powerful example of someone who has learned how to align her actions with her values, manage boundaries across domains of life, and embrace change courageously.

~Stewart D. Friedman

I'm a humanist and an optimist.

~Stewart D. Friedman

Change is surely the order of the day.

~Stewart D. Friedman

I've been writing for decades that balance is an inapt metaphor as it necessarily entails tradeoffs.

~Stewart D. Friedman

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