

Sue Monk Kidd Quotes

*People, Heart, Thinking, Soul, Writing, Want, World, Giving, Mother, Lying, Two,
Spiritual, Self, Needs, Fall, What Matters, Hands, Mean, Pain, Girl*

Gazing into the mirror, I saw myself as I was-a black silhouette in the room, a woman whose darkness had completely leaked through.

~Sue Monk Kidd

... in the end, Goddess is just a word. It simply means the divine in female form.

~Sue Monk Kidd

All my life I've thought I needed someone to complete me, now I know I need to belong to myself.

~Sue Monk Kidd

Sunset is the saddest light there is.

~Sue Monk Kidd

When you can't go forward, and you can't go backward, and you can't stay where you are without killing off something deep and vital in yourself, you are on the edge of creation.

~Sue Monk Kidd

I found that I could not climb my way up to God in a blaze of doing and performing. Rather, I had to descend into the depths of myself and find God there in the darkness of troubled waters.

~Sue Monk Kidd

It takes a bee 10,000,000 trips to collect enough nectar to make 1 pound of honey.

~Sue Monk Kidd

I have noticed that if you look carefully at people's eyes the first five seconds they look at you, the truth of their feelings will shine through for just an instant before it flickers away.

~Sue Monk Kidd

If you need something from somebody always give that person a way to hand it to you.

~Sue Monk Kidd

It's something everybody wants-for someone to see the hurt done to them and set it down like it matters.

~Sue Monk Kidd

Stories have to be told or they die, and when they die, we can't remember who we are or why we're here.

~Sue Monk Kidd

That's the sacred intent of life, of God--to move us continuously toward growth, toward recovering all that is lost and orphaned within us and restoring the divine image imprinted on our soul.

~Sue Monk Kidd

Yes, here I am returning, the woman who bore herself to the bottom and back. Who wanted to swim like dolphins, leaping waves and diving. Who wanted only to belong to herself.

~Sue Monk Kidd

Stories are amazing and powerful because they can resonate with people depending on their needs and experiences and speak truths we need to hear in that moment in time.

~Sue Monk Kidd

How did we ever get the idea that God would supply us on demand with quick fixes, that God is merely a rescuer and not a midwife?

~Sue Monk Kidd

After you get stung, you can't get unstung no matter how much you whine about it.

~Sue Monk Kidd

Make the world better. Take the meanness out of people's hearts.

~Sue Monk Kidd

Embodiment means we no longer say, I had this experience; we say, I am this experience.

~Sue Monk Kidd

Once you know the truth, you can't ever go back and pick up your suitcase of lies. Heavier or not, the truth is yours now.

~Sue Monk Kidd

We become what we pay attention to.

~Sue Monk Kidd

We write to taste life twice," Anais Nin wrote, "in the moment and in retrospection.

~Sue Monk Kidd

I'm tired of carrying around the weight of the world. I'm just going to lay it down now. It's my time to die, and it's your time to live. Don't mess it up.

~Sue Monk Kidd

Something deep in all of us yearns for God's beauty, and we can find it no matter where we are.

~Sue Monk Kidd

The world will give you that once in awhile, a brief timeout; the boxing bell rings and you go to your corner, where somebody dabs mercy on your beat-up life.

~Sue Monk Kidd

In a weird way I must have loved my little collection of hurts and wounds. They provided me with some real nice sympathy, with the

feeling I was exceptional... What a special case I was.

~Sue Monk Kidd

You have to find a mother inside yourself. We all do. Even if we already have a mother, we still have to find this part of ourselves inside

~Sue Monk Kidd

The body knows things a long time before the mind catches up to them. I was wondering what my body knew that I didn't.

~Sue Monk Kidd

There is no place so AWAKE and ALIVE as the edge of becoming.

~Sue Monk Kidd

So I taught Sunday school and brought dishes to all manner of potlucks and tried to adjust the things I heard from the pulpit to my increasingly incongruent faith.

~Sue Monk Kidd

Unraveling external selves and coming home to our real identity is the true meaning of soul work.

~Sue Monk Kidd

It shocks me how I wish for...what is lost and cannot come back.

~Sue Monk Kidd

Sometimes, in order to say yes to what matters most, I must say no to good things.

~Sue Monk Kidd

Where had I been that I didn't know about imaginary friends? I could see the point of it. How a lost part of yourself steps out and remind you who you could be with a little work.

~Sue Monk Kidd

Every living creature on the earth is special. You want to be the one that puts an end to one of them?

~Sue Monk Kidd

And I was struck all at once how life was out there going through its regular courses, and I was suspended, waiting, caught in a terrible crevice between living my life and not living it.

~Sue Monk Kidd

You've got to figure out which end of the needle you're gon' be, the one that's fastened to the thread or the end that pierces the cloth.

~Sue Monk Kidd

Nothing is fair in this world. You might as well get that straight right now

~Sue Monk Kidd

To fashion an inner story of our pain carries us into the heart of it, which is where rebirth inevitably occurs.

~Sue Monk Kidd

The hardest thing on earth is choosing what matters.

~Sue Monk Kidd

It's your time to live, don't mess it up.

~Sue Monk Kidd

It's easy to operate under the illusion that what we are doing is so important we cannot stop doing it. ... Stopping is a spiritual act. It is the refuge where we drink life in.

~Sue Monk Kidd

Most people don't have any idea about all the complicated life going on inside a hive. Bees have a secret life we don't know anything about.

~Sue Monk Kidd

Sometimes I didn't even feel like getting out of bed. I took to wearing my days-of-the-week panties out of order. It could be Monday and I'd have on underwear saying Thursday. I just didn't care.

~Sue Monk Kidd

You are my everlasting home. Don't you ever be afraid. I am enough. We are enough.

~Sue Monk Kidd

What's wrong with living in a dream world? You have to wake up.

~Sue Monk Kidd

My ultimate authority is the divine voice in my own soul. Period.

~Sue Monk Kidd

You can go other places, all right - you can live on the other side of the world, but you can't ever leave home

~Sue Monk Kidd

I think there must be a place inside of us where dreams go and wait their turn.

~Sue Monk Kidd

Someone who thinks death is the scariest thing doesn't know a thing about life.

~Sue Monk Kidd

The True Self is not our creation, but God's. It is the self we are in our depths. It is our capacity for divinity and transcendence.

~Sue Monk Kidd

Grandmotherhood initiated me into a world of play, where all things

became fresh, alive, and honest again through my grandchildren's eyes. Mostly, it retaught me love.

~Sue Monk Kidd

It was the in-between time, before day leaves and night comes, a time I've never been partial to because of the sadness that lingers in the space between going and coming.

~Sue Monk Kidd

Honeybees depend not only on physical contact with the colony, but also require it's social companionship and support. Isolate a honeybee from her sisters and she will soon die.

~Sue Monk Kidd

So few people know what they're capable of.

~Sue Monk Kidd

Stopping is a spiritual art. It is the refuge where we drink life in.

~Sue Monk Kidd

I sit in my new room and write everything down. My heart never stops talking.

~Sue Monk Kidd

And when you get down to it, Lily, that is the only purpose grand enough for a human life. Not just to love but to persist in love.

~Sue Monk Kidd

Did you know there are thirty-two names for love in one of the Eskimo languages?" August said. "And we just have this one. We are so limited, you have to use the same word.

~Sue Monk Kidd

We can't think of changing our skin color. Change the world - that's how

we gotta think.

~Sue Monk Kidd

There is nothing perfect...only life.

~Sue Monk Kidd

We walked along the river with the words streaming behind us like ribbons in the night.

~Sue Monk Kidd

We are so limited, you have to use the same word for loving Rosaleen as you do for loving Coke with peanuts. Isn't that a shame we don't have many more ways to say it?

~Sue Monk Kidd

I eventually found that the soul is more than an immortal commodity to win and save. It is the repository of the inner divine, the truest part of us.

~Sue Monk Kidd

You have untold strengths and resources inside. You have your glorious self.

~Sue Monk Kidd

It is the peculiar nature of the world to go on spinning no matter what sort of heartbreak is happening.

~Sue Monk Kidd

People in general would rather die than forgive. It's THAT hard. If God said in plain language. "I'm giving you a choice, forgive or die," a lot of people would go ahead and order their coffin.

~Sue Monk Kidd

I believe in the goodness of imagination.

~Sue Monk Kidd

Whatever else you do, listen to your Deepest Self. Love Her and be true to Her, speak Her truth, always.

~Sue Monk Kidd

People, in general, would rather die than forgive. It's that hard.

~Sue Monk Kidd

I realized it for the first time in my life: there is nothing but mystery in the world, how it hides behind the fabric of our poor, browbeat days, shining brightly, and we don't even know it.

~Sue Monk Kidd

Every little thing wants to be loved.

~Sue Monk Kidd

You gotta imagine what's never been.

~Sue Monk Kidd

I realize that I can be with someone, but on a deeper level I'm not available to them at all. I have attention deficit disorder of the soul.

~Sue Monk Kidd

I know you've run away - everybody gets the urge to do that some time - but sooner or later you'll want to go home.

~Sue Monk Kidd

When it comes to religion today, we tend to be long on butterflies and short on cocoons. Somehow we're going to have to relearn that the deep things of God don't come suddenly.

~Sue Monk Kidd

Journal became a sanctuary where I could pour out in honesty my pain

and joy. It recorded my footsteps and helped me understand where I was standing, where I had been, and even where God pointed.

~Sue Monk Kidd

You put his brain in a bird, the bird would fly backwards" -Secret Life of the Bees

~Sue Monk Kidd

Everybody needs a seashell in her bathroom to remind her the ocean is her home.

~Sue Monk Kidd

I'd forgotten how that sort of craving felt, how it rose suddenly and loudly from the pit of my stomach like a flock of startle birds, then floated back down in the slow, beguiling way of feathers.

~Sue Monk Kidd

When had my fear of broken plates gotten so grandiose? My desire for extravagant moments so small?

~Sue Monk Kidd

Novels attempt to render human experience; that's really all they are. They are meant to convey empathy for the character.

~Sue Monk Kidd

We must err , do so on the side of audacity

~Sue Monk Kidd

The whole problem with people is they don't know what matters and what doesn't.

~Sue Monk Kidd

I watched him, filled with tenderness and ache, wondering what it was that connected us. Was it the wounded places down inside people that

sought each other out, that bred a kind of love between them?

~Sue Monk Kidd

Actually, you can be bad at something...but if you love doing it, that will be enough. - August Boatwright

~Sue Monk Kidd

I grew up in the American South and came of age in the 1960s, an incredibly turbulent time. It was as if the seams of American life were being ripped apart with riots and protests.

~Sue Monk Kidd

My mother's life was way too heavy for me.

~Sue Monk Kidd

Betrayal of any kind is hard, but betrayal by one's religion is excruciating. It makes you want to rage and weep.

~Sue Monk Kidd

One day I will have to forgive life for ending, I tell myself. I will have to learn how to let life be life with its unbearable finality ... just be what it is.

~Sue Monk Kidd

You can tell which girls lack mothers by the look of their hair.

~Sue Monk Kidd

I vividly remember the summer of 1964 with its voter registration drives, boiling racial tensions, and the erupting awareness of the cruelty of racism. I was never the same after that summer.

~Sue Monk Kidd

It's always been my hope that I would write a story that would inspire and would connect with people in a way that would touch hearts.

~Sue Monk Kidd

There's nothing like a song about lost love to remind you how everything precious can slip from the hinges where you've hung it so careful.

~Sue Monk Kidd

It was the first time I'd ever said the words to another person, and the sound of them broke open my heart.

~Sue Monk Kidd

To remain silent in the face of evil is itself a form of evil.

~Sue Monk Kidd

I wanted to know what happened when two people felt it. Would it divide the hurt in two, make it lighter to bear, the way feeling someone's joy seemed to double it?

~Sue Monk Kidd

When a woman starts to disentangle herself from patriarchy, ultimately she is abandoned to her own self.

~Sue Monk Kidd

I didn't know then what I wanted, but the ache for it was palpable.

~Sue Monk Kidd

Elizabeth A. Johnson explains that including divine female symbols and images not only challenges the dominance of male images but also calls into question the structure of patriarchy itself.

~Sue Monk Kidd

As an adolescent, I went to charm school, where I learned to pour tea and relate to boys, which, as I recall, meant giving them the pickle jar to unscrew, whether it was too hard for me or not.

~Sue Monk Kidd

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