

Susan Jeffers

Quotes

Inspirational, Positive, Life, Powerful, Mean, Way, Happiness, Self, Believe, Mind, Risk, Pushing Through, Needs, Self Esteem, Success, Wisdom, Law Of Attraction, Attitude, Giving, World

Feel the fear and do it anyway.

~Susan Jeffers

By learning to trust your intuition, miracles seem to happen. Intuitive thoughts are gifts from the higher self.

~Susan Jeffers

Remove those 'I want you to like me' stickers from your forehead and, instead, place them where they truly will do the most good -on your mirror!

~Susan Jeffers

You're not a failure if you don't make it. You're a success because you tried.

~Susan Jeffers

One step at a time is enough for me. Impatience is simply a way of beating yourself up.

~Susan Jeffers

Complaining will not change things in your life; only action will. Make a list of all you need to do to change what doesn't work in your life and, little by little, begin making those changes.

~Susan Jeffers

Your inner peace has nothing to do with your dramas of your life.

~Susan Jeffers

As you begin to understand the immense power and love you hold inside, you will find an unending surge of joy, light and love that will nourish and support you all the days of your life.

~Susan Jeffers

I never knew how high a price one pays for being taken care of.

~Susan Jeffers

So commit! Commit yourself to pushing through the fear and becoming more than you are at the present moment. The you that could be is absolutely colossal.

~Susan Jeffers

If the sign on your heart says "WELCOME", the love will come pouring in from everywhere.

~Susan Jeffers

A ship in harbour is safe, but it's not fulfilling its potential

~Susan Jeffers

The only way to get rid of the fear of doing something is to go out... and do it.

~Susan Jeffers

No matter what response you get from anyone you meet, You are a worthwhile person.

~Susan Jeffers

Success is... living a full and balanced life in partnership with others to create a joyful feeling of love, contribution, appreciation and abundance, despite how our endeavors may turn out.

~Susan Jeffers

We have been taught to believe that negative equals realistic and positive equals unrealistic.

~Susan Jeffers

If everybody feels fear when approaching something totally new in lifeâ€”yet so many are out there doing it despite the fearâ€”then we must conclude that fear is not the problem.

~Susan Jeffers

We cannot escape fear. We can only transform it into a companion that accompanies us on all our exciting adventures.

~Susan Jeffers

When you operate from the Higher Self, you feel centered and abundant?in fact, overflowing. When you experience this abundance, your fears automatically disappear.

~Susan Jeffers

We don't have to wait until we are old to gather the riches... We can gather them every day of our lives.

~Susan Jeffers

The biggest pitfall as you make your way through your life is impatience.

~Susan Jeffers

What I try to control ends up controlling me.

~Susan Jeffers

There is not a person alive who is not capable of greatly contributing to the well - being of this planet. Just changing your attitude can affect the world around you.

~Susan Jeffers

Take a risk a day - one small or bold stroke that will make you feel great once you have done it.

~Susan Jeffers

The knowledge that you can handle anything that comes your way is the key to allowing yourself to take risks. ... security is not having things; it's handling things.

~Susan Jeffers

The less you need someone's approval, the more you are able to love them.

~Susan Jeffers

Saying yes means getting up and acting on your belief that you can create meaning and purpose in whatever life hands you.

~Susan Jeffers

Drink in the beauty of friendship. In this world of constant change, we need the comfort of friendship more than ever before.

~Susan Jeffers

Whatever happens, I'll handle it.

~Susan Jeffers

As we open our hearts to others, we begin to discover the truth of our own inner beauty, inner strength and inner light.

~Susan Jeffers

Patience means knowing it will happen . . . and giving it time to happen.

~Susan Jeffers

Your joy, your happiness, your satisfaction and your ability to dance with life, depends solely on what you pay attention to.

~Susan Jeffers

As we start looking for the good, our focus automatically is taken off the bad.

~Susan Jeffers

When we give from a place of love, rather than from a place of

expectation, more usually comes back to us than we could ever have imagined.

~Susan Jeffers

Knowing that we can make a difference in this world is a great motivator. How can we know this and not be involved?

~Susan Jeffers

Look at people in your life as "practice." The way you react to them allows you to see what you have to work on within yourself.

~Susan Jeffers

Commitment creates a powerful radiant energy that activates all sorts of "miracles" within and around you.

~Susan Jeffers

Taking responsibility means never blaming anyone else for anything you are being..... doing.... having, or feeling.

~Susan Jeffers

people who refuse to take risks live with a feeling of dread that is far more severe than what they would feel if they took the risks necessary to make them less helpless - only they don't know it!

~Susan Jeffers

Taking responsibility means not blaming yourself. Anything that takes away your power or your pleasure makes you a victim. Don't make yourself a victim of yourself!

~Susan Jeffers

Open your eyes, whether you presently believe it or not, your life is already abundant. Before you can accept abundance in your life, you have to notice it.

~Susan Jeffers

Remember that underlying all our fears is a lack of trust in ourselves.

~Susan Jeffers

As your awareness of the riches available to you in your everyday life grows, you are on the way to becoming the laughing Buddha. Life is joyous. Life is Light. Life is happy. You are awake at last.

~Susan Jeffers

If you are not enjoying yourself, you are wasting time.

~Susan Jeffers

The truth is: If you knew you could handle anything that came your way, what would you have to fear. The answer is: NOTHING!

~Susan Jeffers

Aging allows us to drop the baggage. It is only through life experiences that our incredible power can be brought forward in all its glory.

~Susan Jeffers

At the bottom of all our fears is simply the that we can't handle what life hands us.

~Susan Jeffers

Dancing with life is moving into the flow of our experiences - good or bad - with a feeling of harmony, trust, guidance and love.

~Susan Jeffers

The wall that protects you, also imprisons you.

~Susan Jeffers

there's nothing as powerful as a made-up mind!

~Susan Jeffers

Too many of us seem to be searching for something 'out there' to make

our lives complete. What we are all really searching for is the divine essence that lives within.

~Susan Jeffers

By reeducating the mind, you can accept fear as simply a fact of life rather than a barrier to success.

~Susan Jeffers

Bringing a spiritual dimension into all that we do is essential for ending the struggle and dancing with life. Our body and our minds can take us only so far, our spirit can lead us all the way Home.

~Susan Jeffers

Whatever the method, the purpose of quieting the mind is always the same... to step out of you own way and touch a Universal Oneness with all things.

~Susan Jeffers

if you haven't made any mistakes lately, you must be doing something wrong.

~Susan Jeffers

I am not a failure if I don't succeed; I am successful because I tried.

~Susan Jeffers

We can't control the world, but we can control our reactions to it.

~Susan Jeffers

Commitment doesn't mean that it has to last forever, but while you are there, commit yourself 100%. By doing this, the quality of your life improves 100%.

~Susan Jeffers

Do the thing you fear, it's sure to disappear.

~Susan Jeffers

Shift from being afraid of making a mistake to being afraid of not making a mistake. If you are not making any mistakes, you are not learning or growing

~Susan Jeffers

Security isn't having things, it's handling things.

~Susan Jeffers

You can have anything in life, but you can't have everything!

~Susan Jeffers

The truth is that love and power go together.

~Susan Jeffers

Listen to the silence... it has much to say.

~Susan Jeffers

Our goal is to enjoy, not to achieve perfection

~Susan Jeffers

I believe that if something is troubling you, simply start from where you are and take the action necessary to change it.

~Susan Jeffers

There is an automatic assumption that negative is realistic and positive is unrealistic.

~Susan Jeffers

The source of our love comes from within. No one out there is that source. It makes sense to go to the source.

~Susan Jeffers

Learn the richness of solitude & quiet. That still small voice is yearning to be heard.

~Susan Jeffers

Pushing through fear is less frightening than living with the fear which comes from the feeling of helplessness.

~Susan Jeffers

All the dangers in our world are like a blessed wake up call. They tell us to live life NOW... not tomorrow, not when the children grow up, not when we retire... but NOW.

~Susan Jeffers

Most of us do not 'sculpt' our lives. We accept what comes our way, then we gripe about it.

~Susan Jeffers

Rejection never feels good, but it certainly hurts less when we are not needing something from the person who is rejecting us.

~Susan Jeffers

Don't be deceived into thinking that by changing the external, the internal will be changed. It works the other way around; the path that needs changing is the one in your mind.

~Susan Jeffers

When you put loving thoughts and behavior into the world, you plant seeds of self-respect. When you put unloving thoughts and behavior into the world, you destroy seeds of self-respect.

~Susan Jeffers

For some reason, when you become a support to others, you become bigger than you are.

~Susan Jeffers

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