

Susie Orbach

Quotes

*Body, Way, Girl, Trying, People, Emotional, Want, Views, Culture, Likes,
Children, Men, Thinking, Political, Analysts, Needs, Beautiful, Denial, Goes On,
Persons*

Celebrity culture is something that pains me.

~Susie Orbach

I wish we could treat our bodies as the place we live from, rather than regard it as a place to be worked on, as though it were a disagreeable old kitchen in need of renovation and update.

~Susie Orbach

Many young girls are constantly consumed by controlling and managing their body image to the extent that they are much more involved in the production of the self than in living.

~Susie Orbach

Today, 'fat' has become not a description of size but a moral category tainted with criticism and contempt.

~Susie Orbach

A wanted pregnancy as much as a dreaded pregnancy can play differently than all one's previous imaginings.

~Susie Orbach

I thought of the analyst Winnicott's observation: 'It is a joy to be hidden but disaster not to be found'.

~Susie Orbach

Fat people are so rarely included in visual culture that fat is perceived as a blot on the landscape of sleek and slim.

~Susie Orbach

No one likes to feel helpless. We find it psychologically unbearable and inside ourselves we may try to make ourselves part author of our misfortune rather than simply the recipient of it.

~Susie Orbach

Fat is a way of saying no to powerlessness and self-denial.

~Susie Orbach

When they took TV to Fiji they found that after 3 years nearly 12 girls out of 100 were over the toilet bowls with bulimia because they felt inferior.

~Susie Orbach

Fat is a social disease, and fat is a feminist issue.

~Susie Orbach

There are so many young women who tip over into being a facsimile: they don't really inhabit their lives or their bodies.

~Susie Orbach

Bodies are becoming our personal mission to tame, extend and perfect.

~Susie Orbach

Mothers unconsciously allow more latitude to sons, and open encouragement, and with daughters they treat them as they would treat themselves.

~Susie Orbach

We accept there's an emotional aspect to life. But we're not very developed in our ways of understanding it.

~Susie Orbach

Boys, young men, men of all ages are being captivated by the new visual grammar which pushes men to pout and posture.

~Susie Orbach

We know that ever woman wants to be thin. Our images of womanhood are almost synonymous with thinness.

~Susie Orbach

No one leaves a long-term relationship scot-free or without conflict.

~Susie Orbach

Not that it was Twiggy's fault, but the ubiquity of her image created a sense in young women that to be stylish meant to be skinny, flat-chested with an ingenue face and straight hair.

~Susie Orbach

Our idea of a healthy body is so destabilised that insecure people have come to bolster their own bodies by deeming others - those with fat bodies - less worthy, less capable and less employable.

~Susie Orbach

I think it is one of the capacities of human beings, to create style.

~Susie Orbach

Consumer society tantalises us. We then try within ourselves to control the needs that are being constantly stimulated.

~Susie Orbach

Skinny is only one body type.

~Susie Orbach

In general, the Western body has become a global brand.

~Susie Orbach

... within every form of oppression lies the seeds of liberation.

~Susie Orbach

In my mum's day, you needed to be beautiful for a very short time to catch your man. It didn't start at six and go on until you're 75, right?

~Susie Orbach

There is no such thing as a neutral therapist.

~Susie Orbach

When I was growing up, one or two girls were beautiful, but it was not an aspiration, right?

~Susie Orbach

From a child's point of view, there is rarely a great time for parents to separate, even if there has been a lot of commotion and fighting.

~Susie Orbach

The insistence that the commercialisation of the body is a fit subject for political discussion and intervention is well overdue.

~Susie Orbach

If I were afraid of wrinkles, I'd probably be hiding in a cupboard, because I have a lot of them.

~Susie Orbach

The parents' job is to be there for their kids, not the other way round. Troubles between parents need to be talked through with friends and not visited on the children.

~Susie Orbach

I'm the sort of person who likes to undo everything.

~Susie Orbach

I'm a therapist and that fascinates people because they think I carry secrets.

~Susie Orbach

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