

Swami Muktananda

Quotes

Self, Family, Heart, Love Is, Meditation Practice, Inspiration, Real, Meditation, Temples, Spiritual, Practice, Body, Stronger, Independent, Humanity, Making Love, Imagination, Doe, Distinction, Men

Honor your self. Worship your self. Meditate on your self. God dwells within you as you.

~Swami Muktananda

Your goal is not to battle with the mind, but to witness the mind.

~Swami Muktananda

The supreme bliss that pulsates in the wake of meditation is your pure essence.

~Swami Muktananda

If a religion does not teach love, respect, and regard for others, it cannot be the religion of humanity.

~Swami Muktananda

Your mind makes you dance like a monkey all the time... Now you have to become stronger; you have to make the mind dance. Make it dance on the stage of mantra. For that, mediate and repeat mantra.

~Swami Muktananda

Revere the body and care for it, for it is a temple.

~Swami Muktananda

It is man's foremost duty to awaken the understanding of the inner self and to know his own real inner greatness. Once he knows his true worth, he can know the worth of others.

~Swami Muktananda

One who loves his own Self loves the whole world.

~Swami Muktananda

Meditation stills the wandering mind and establishes us forever in a state of peace.

~Swami Muktananda

You are purer than the pure. Never manifold, you are individual Consciousness. Unborn, unchanging, all-pervasive You are a mountain of joy.

~Swami Muktananda

The foolish being who lives making even the slightest distinction between the supreme Self and his own self will always be subject to fear.

~Swami Muktananda

Love turns man into an ocean of happiness, an image of peace, a temple of wisdom. Love is every man's very Self, his true beauty, and the glory of his human existence.

~Swami Muktananda

Chanting opens the heart and makes love flow within us.

~Swami Muktananda

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