

Taraji P. Henson

Quotes

*People, Thinking, Men, Home, Hate, Black, Challenges, Mean, Cameras,
Responsibility, Drama, Believe, Dream, Ipads, Girl, Pages, Character, Loss,
Actresses, Feels*

Every human walks around with a certain kind of sadness. They may not wear it on their sleeves, but it's there if you look deep.

~Taraji P. Henson

I'm always interested in challenging myself and pushing, and seeing how far I can go.

~Taraji P. Henson

It's up to you to be responsible for how you feel if you're not happy. Your happiness lies in your hands. You can't rely on a man to make you happy or complete you. That starts with you.

~Taraji P. Henson

A woman is gentle, soft, delicate, and a man's position is to protect her, help her up stairs, make sure she's in the car safely first. Take good care of your woman, and the sky's the limit!

~Taraji P. Henson

At the end of the day, I stand by who I am. I'm a good person.

~Taraji P. Henson

You could be laughing one day about the same issues that you're crying about the next day, so that's life.

~Taraji P. Henson

Love is the greatest gift that God has given us. It's free.

~Taraji P. Henson

I love the art of acting, so I don't care if I'm in a movie with 10 people, two people, or by myself. I just really enjoy it.

~Taraji P. Henson

I would love to play a superhero. I wish I could be in 'The Avengers,' kicking butt.

~Taraji P. Henson

I like to be scared. I don't like feeling like "Oh, this is going to be a walk in the park". If I ever get to that place, I'll just stop acting.

~Taraji P. Henson

My first big heartbreak proved to me that what doesn't kill you makes you stronger.

~Taraji P. Henson

Once you're a mom, always a mom. It's like riding a bike, you never forget.

~Taraji P. Henson

Date a woman with children only if you are ready to man up, because it's a position that comes with responsibility.

~Taraji P. Henson

I don't think about other people. They are not walking in my shoes. They are not paying my bills. What makes me happy is when I do what I like to do, for me.

~Taraji P. Henson

I like to disappear in my roles because I don't have an assistant.

~Taraji P. Henson

A lot of times characters are combinations of people I come across in life. I people-watch a lot.

~Taraji P. Henson

So much could go wrong on a date. What if he turns out to be a jerk? [You need] A back-up plan, just in case he doesn't work out, you can move on to the back-up plan.

~Taraji P. Henson

I'm constantly proving myself. I have to always prove myself. There are roles where I feel like, "That should have been a straight offer. Why am I having to call my people and fight for it?"

~Taraji P. Henson

If I feel like I've reached this greatness in my career than there's no more room for growth. I don't think I'm ever going to get there. If I ever get complacent, it's time for me to bow out.

~Taraji P. Henson

What gives me the greatest satisfaction is the number of people I can affect with my gift, with what I do. That's the most important thing to me, more important than any trophy or award.

~Taraji P. Henson

I'm pretty much the same. I'm consistent. There aren't two mes. There is only one me. I can only be myself, and that's who I always am whether I'm at home or on the carpet.

~Taraji P. Henson

I don't think a living being should suffer for the sake of fashion, period. End of story. You don't have to kill an animal just because you want to be hot and fly. And I really stand by that.

~Taraji P. Henson

When I go home to visit, they never treat me like a celebrity. They still treat me like TJ. If I leave dishes in the sink, they'll let me know.

~Taraji P. Henson

People live by example. I can't tell you, "You can be anything," if I shot my own dreams down or was too afraid to go after them.

~Taraji P. Henson

I'm always the cousin that can't make it to the family functions because

I'm busy.

~Taraji P. Henson

I don't ever want to get boxed in, playing the same characters, over and over again. That's why I prefer features over television.

~Taraji P. Henson

If I were to meet the most incredible man, and he just so happened to not make as much money as I do, I wouldn't hold it against him.

~Taraji P. Henson

I like to be home with my son, kickin' it and watching ESPN, a very normal life. I like to take him to school every day, watch his games.

~Taraji P. Henson

When I come home, it's about my kid, who needs to eat, needs to do homework, and needs to get to basketball. I don't have a lot of time to think about me.

~Taraji P. Henson

With camera phones and, you know, iPad's and cameras at stoplights, it's like I just want to drive around with a bag on my head because I just feel like everyone's watching.

~Taraji P. Henson

I think I'm a better comedic actress than I am a dramatic actress, but everybody believes I'm this dramatic actress and I'll take it.

~Taraji P. Henson

Improvisation helps because you get what's on the page and you make it a little more palatable to your tongue. And that's the beauty of creating and being spontaneous. That's the way I love to work.

~Taraji P. Henson

I've been doing a lot of drama, but I feel like comedy is my strength.

~Taraji P. Henson

Something happens to a woman when she can't reproduce. I've not had to walk that path, but I can only imagine when your organs don't work and how that could make you feel.

~Taraji P. Henson

I'm not a selfish actor. I believe that it's a team effort. You're not in a scene by yourself.

~Taraji P. Henson

I'm always talking to the writers because I find it so fascinating, how they're able to go to these different levels with the different stories, and have all these layers to peel back.

~Taraji P. Henson

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