

Tarthang Tulku Quotes

*Spiritual, Meaningful, Life, Caring, May, Attitude, Heart, Difficult,
Consciousness, Serious, Lying, Knowledge And Experience, Energy, Reality,
Friendly, Compassion, Powerful, Awakening, Encounters, Healing*

If you want to do your best for future generations of humanity, for your friends and family, you must begin by taking good care of yourself.

~Tarhang Tulku

The world will be balanced when we are balanced.

~Tarhang Tulku

Meanings generating meanings - the process has backed us into a particular corner, a kind of cave, where sunlight seldom enters.

~Tarhang Tulku

Know that however difficult experiences may be, they are part of the truth you seek.

~Tarhang Tulku

As we respond with caring and vision to all work, we develop our capacity to respond fully to all of life. Every action generates positive energy which can be shared with others.

~Tarhang Tulku

Once we truly understand that our waking experience is dreamlike, we no longer have to treat life as a serious problem.

~Tarhang Tulku

Although all of us desire happiness, few of us reach that goal because of the seemingly endless cycle of expectation and disappointment.

~Tarhang Tulku

Once our hearts are open, all existence appears naturally beautiful and harmonious.

~Tarhang Tulku

Energy is our most precious resource, for it is the means by which we transform our creative potential into meaningful action.

~Tarhang Tulku

Our perception of space alters the space. It is consciousness that finds meanings in all spaces

~Tarhang Tulku

Dreams are a reservoir of knowledge and experience

~Tarhang Tulku

Complete health and awakening are really the same.

~Tarhang Tulku

The basis of the spiritual path is the development in ourselves of what is truly balanced, natural, and meaningful.

~Tarhang Tulku

The balanced energy of patience radiates a friendly and productive attitude from our hearts into every aspect of our existence.

~Tarhang Tulku

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