People, Thinking, Home, Cooking, Years, Thanksgiving, Food, Adventure,
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I cook everything. I love Mediterranean cooking, I love Asian cooking. I do lots of Japanese noodles.

~Ted Allen

Two words to improve any dish. Ba, Con

~Ted Allen

It's very important to me that people who are actual chefs and other professionals in the culinary world, understand that I'm not, and have never held myself out as being, like a CIA trained chef.

~Ted Allen

You know the great irony is that people think you have to have money to enjoy fine food, which is a shame.

~Ted Allen

Cooking for people is an enormously significant expression of generosity and soulfulness.

~Ted Allen

People want honest, flavourful food, not some show-off meal that takes days to prepare.

~Ted Allen

However, I was a restaurant critic at Chicago magazine before I worked at Esquire, and I've been a really enthusiastic home cook for a long time. It's just something I'm passionate about.

~Ted Allen

If I have committed any culinary atrocities, please forgive me.

~Ted Allen

In actuality, there was casting for the show and it was pretty difficult.

My place in Chicago is a 105 year old house, but I really like contemporary spaces too, so it's refreshing and fun to be in a space where you can do contemporary things.

~Ted Allen

Thom is one of those wonderful people to cook for because he absolutely loves it, just loves it. He loves to eat and drink and he'd be a great guest at any dinner party.

~Ted Allen

I'm in a loft and the kitchen is in the very center of the apartment. The whole place revolves around it.

~Ted Allen

Not to sound too much like Christopher Guest in 'Waiting for Guffman,' but on Thanksgiving you're putting on a show!

~Ted Allen

My whole problem is that all of my favorite things at Thanksgiving are the starches, and everyone is trying to go low-carb this year, even a green vegetable has carbs in it.

~Ted Allen

Sesame oil is probably my favorite condiment, period.

~Ted Allen

For each episode the five of us are all wearing clothes by the same designer. It's a different designer for each episode, but for each one we're all wearing their clothes.

~Ted Allen

I'm a home cook and love to read about food, but I'm not trained as a chef. I'm just really into cooking and passionate about it.

What I bring to the table is a huge enthusiasm and love for this stuff.

~Ted Allen

Oh, did I tell you I have a cookbook? I have a cookbook deal.

~Ted Allen

When I come home from a shoot, I'd rather reheat food I've made than eat takeout.

~Ted Allen

Planning a dinner party in a way that you're actually capable of getting it done without panicking is important. It's bad hospitality for the host to be freaked out.

~Ted Allen

The world is full of people who would like nothing better than to spend six hours on a golf course. I would rather be chopping shallots.

~Ted Allen

Jay Leno is not a guy who likes change. He eats the same food every day.

~Ted Allen

It's okay if you finish cooking something easy after your guests arrive some dishes must be prepared a la minute, as chefs say. Just remember to keep talking.

~Ted Allen

The great mystery to me is how restaurant critics think they can get away with doing their job without anybody noticing who they are.

~Ted Allen

I am much more interested in the process than results.

For me, the kitchen is the most special room in the house. It's a place for adventure - not drudgery, but discovery, sharing and showing off with friends, trying new ideas.

~Ted Allen

To me, the kitchen is a place of adventure and entirely fun, not drudgery. I can't think of anything better to do with family and friends than to be together to create something.

~Ted Allen

I went in saying I wanted to be the food guy.

~Ted Allen

I really have a great deal of humility in that department, and a great deal of respect for people who spend their lives learning how to make these amazing preparations.

~Ted Allen

I like to have friends in the kitchen and make a big mess and use every pot in the kitchen.

~Ted Allen

Buying stock is exactly the same thing as going to a casino, only with no cocktail service.

~Ted Allen

Because the show is popular, people do recognize us on the streets.

~Ted Allen

In recent years, I've been writing because I'm fortunate enough to work in the world of food television, to travel and taste and learn about cooking from the best chefs in the business.

1	The best way to learn is live, in person, cooking, feeling, smelling and asting, but TV is the second-best thing to that; it's a halfway facsimile.  -Ted Allen	

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