Creativity, People, Creative, Skills, Ideas, Leadership, Successful, Motivation,
Track, Gun, Meaningful, Time, Passion, Moving, Collaboration, Insane,
Opportunity, One Day, Learning, Bored

Track your small wins to motivate big accomplishments.

~Teresa Amabile

The best way to help people to maximize their creative potential is to allow them to do something they love.

~Teresa Amabile

Most people aren't anywhere near to realizing their creative potential, in part because they're laboring in environments that impede intrinsic motivation.

~Teresa Amabile

True creativity is impossible without some measure of passion.

~Teresa Amabile

Creativity depends on a number of things: experience, including knowledge and technical skills; talent; an ability to think in new ways; and the capacity to push through uncreative dry spells.

~Teresa Amabile

Creativity takes a hit when people in a work group compete instead of collaborate.

~Teresa Amabile

The desire to do something because you find it deeply satisfying and personally challenging inspires the highest levels of creativity, whether it's in the arts, sciences, or business.

~Teresa Amabile

If the challenge is far beyond their skill level, they tend to get frustrated; if it's far below their skill level, they tend to get bored. Leaders need to strike the right balance.

~Teresa Amabile

People are most creative when they care about their work and they're stretching their skills.

~Teresa Amabile

People will be most creative when they feel motivated primarily by the interest, enjoyment, satisfaction and challenge of the work itself.

~Teresa Amabile

To be creative, an idea must also be appropriateâ€"useful and actionable.

~Teresa Amabile

When people believe that every move they make is going to affect their compensation, they tend to get risk averse.

~Teresa Amabile

One day's happiness often predicts the next day's creativity.

~Teresa Amabile

People are the least creative when fighting the clock... Time pressure stifles creativity because people can't deeply engage with the problem.

~Teresa Amabile

People can certainly be creative when they're under the gun, but only when they're able to focus on the work.

~Teresa Amabile

The successful implementation of creative ideas within an organization.

~Teresa Amabile

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