Thinking, People, Doctors, Medicine, Giving, Want, Real, Support, May,
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You have to find out what's right for you, so it's trial and error. You are going to be all right if you accept realistic goals for yourself.

~Teri Garr

Take a step back, evaluate what is important, and enjoy life.

~Teri Garr

You can keep it to yourself, but you could also call a support team like the team at MS LifeLines. They are there to support the MS community and give good advice.

~Teri Garr

Seventy-five percent of MS sufferers are women

~Teri Garr

No matter how bad the truth is, it doesn't tear you apart inside like dishonesty.

~Teri Garr

I refused David Letterman's proposal of marriage for obvious reasons, but thanks for asking.

~Teri Garr

You have to lift your head up out of the mud and just do it.

~Teri Garr

I have an enormous fondness for delicious food. It's very comforting ~Teri Garr

If you get a diagnosis, get on a therapy, keep a good attitude and keep your sense of humor.

~Teri Garr

Oddly enough, MS has made my life so much better than it was before.

2/6

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I now appreciate what I have and I am not running around like a rat in a maze.

~Teri Garr

Going to dancing school, or being in a play, is a very familial feeling. You're around friends.

~Teri Garr

I think eventually they're going to find out that MS is like 10 different things. I have a neurological disease something like MS, and it's MS, so let's take medicine for it

~Teri Garr

In addition to having a good partnership with a good doctor, you have to do some of the work yourself. Go online, read about it, and find out what you can tolerate

~Teri Garr

I'm wondering if they haven't reported all the people with MS, because if all of the cases were reported, the government would have to step in and give more financial aid to us.

~Teri Garr

Any movie I've ever made, the minute you walk on the set they tell you who's the person to buy it from.

~Teri Garr

I go to my physical therapist to keep fighting it and one of them told me if you don't use it, you lose it, but I know we're on television so I won't say what I would often say.

~Teri Garr

I think there are a lot of myths about MS, and it may have affected my career.

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~Teri Garr

I have a disease, but I also have a lot of other things.

~Teri Garr

My doctor said, for want of a better word, now that we've got medicines out here that can help, let's put you on one of them and say we're treating MS.

~Teri Garr

Someday they may cure MS, that idiot thing. It gets in there and they can't get it out.

~Teri Garr

There were symptoms that I saw, and though I went to many doctors and had many tests, no one diagnosed MS.

~Teri Garr

You can be diagnosed and treated early. And there is hope for the future.

~Teri Garr

I do Pilates a lot. I don't do a lot of cardiovascular stuff.

~Teri Garr

I've always been this insane. Isn't that interesting?

~Teri Garr

I plan to live to be 120!

~Teri Garr

There's always going to be somebody worse off than me

~Teri Garr

I understand how hard it is to talk to people about MS. You don't want pity or random advice.

~Teri Garr

MS doesn't define who I am.

~Teri Garr

I have worked enough and I am happy to be touring the country speaking about living with MS to give people inspiration and motivation to help themselves.

~Teri Garr

I take one of the interferon therapies, Rebif.

~Teri Garr

I was in an acting class taught by Eric Morris, and Jack Nicholson was in the class. He wrote the script for 'Head', so all of us in the class got little tiny parts in the movie.

~Teri Garr

Sandy: Boy, you must really think I'm stupid or something. Jeff: Ahh, no one would call you stupid, to your face.

~Teri Garr

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