Spiritual, Thinking, Enlightenment, Safety, Spirituality, Hate, Needs, Love, Universe, Mind, Stupid, Firsts, Trying, Perspective, Law, Use, Love You, Mistake, Positive, Equal

Love as much as you can from wherever you are.

~Thaddeus Golas

Giving others the freedom to be stupid is one of the most important and hardest steps to take in spiritual progress. Conveniently the opportunity to take that step is all around us every day.

~Thaddeus Golas

What am I doing on a level of consciousness where this is real? That is the first question to ask yourself when you become aware of something ugly or evil or stupid.

~Thaddeus Golas

Inside yourself or outside, you never have to change what you see, only the way you see it.

~Thaddeus Golas

Whatever you are doing, love yourself for doing it. Whatever you are feeling, love yourself for feeling it.

~Thaddeus Golas

Enlightenment is any experience of expanding our consciousness beyond its present limits.

~Thaddeus Golas

No matter how it looks to us, love never loses control; the laws of our relations are as honest and as exact as the laws of physics.

~Thaddeus Golas

No matter what your spiritual condition is, no matter where you find yourself in the universe, your choice is always the same: to expand your awareness or contract it.

~Thaddeus Golas

When you learn to love hell you will be in heaven.

~Thaddeus Golas

Physical reality is one of the biggest horror movies of all, and you know how we love horror movies.

~Thaddeus Golas

Perhaps many of us do not like it where we are in the universe now, but we can all be certain that we got where we are -our own decisions to expand in love or withdraw from it.

~Thaddeus Golas

There is nothing you need to do first in order to be enlightened.

~Thaddeus Golas

We are equal beings and the universe is our relations with each other.

~Thaddeus Golas

Go beyond reason to love: it is safe. It is the only safety.

~Thaddeus Golas

The universe is made of one kind of what-ever-it-is, which cannot be defined.

~Thaddeus Golas

What you deny to others will be denied to you, for the plain reason that you are always legislating for yourself; all your words and actions define the world you want to live in.

~Thaddeus Golas

No matter what happens, I am conscious all the time.

~Thaddeus Golas

Whether I feel it or not, I am one with all the love in the universe.

~Thaddeus Golas You do not need to do anything first to be enlightened. ~Thaddeus Golas

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