

# Therese of Lisieux Quotes

*Jesus, God, Heart, Soul, Suffering, Giving, Prayer, Flower, Faith, Joy,  
Inspiration, Catholic, Sacrifice, Love, Sweet, Heaven, Saint, Want, Religious,  
Mean*

Remember that nothing is small in the eyes of God. Do all that you do with love.

~Therese of Lisieux

The value of life does not depend upon the place we occupy. It depends upon the way we occupy that place.

~Therese of Lisieux

Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right and doing it all for love.

~Therese of Lisieux

Holiness consists simply in doing God's will, and being just what God wants us to be.

~Therese of Lisieux

Perfect love means putting up with other peoples shortcomings, feeling no surprise at their weaknesses, finding encouragement even in the slightest evidence of good qualities in them.

~Therese of Lisieux

Jesus, help me to simplify my life by learning what you want me to be and becoming that person.

~Therese of Lisieux

Our Lord needs from us neither great deeds nor profound thoughts. Neither intelligence nor talents. He cherishes simplicity.

~Therese of Lisieux

You know well that Our Lord does not look so much at the greatness of our actions, nor even at their difficulty, as at the love with which we do them.

~Therese of Lisieux

When I die, I will send down a shower of roses from the heavens, I will spend my heaven by doing good on earth.

~Therese of Lisieux

Above the clouds the sky is always blue.

~Therese of Lisieux

If all flowers wanted to be roses, nature would lose her springtime beauty and the fields would no longer be decked out with little wildflowers.

~Therese of Lisieux

Let us love, since our heart is made for nothing else.

~Therese of Lisieux

The loveliest masterpiece of the heart of God is the love of a Mother.

~Therese of Lisieux

If I did not simply live from one moment to another, it would be impossible for me to be patient, but I only look at the present, I forget the past, and I take good care not to forestall the future.

~Therese of Lisieux

Each small task of everyday life is part of the total harmony of the universe.

~Therese of Lisieux

A word or a smile is often enough to put fresh life in a despondent soul.

~Therese of Lisieux

Jesus does not demand great actions from us, but simply surrender and gratitude.

~Therese of Lisieux

Sufferings gladly borne for others convert more people than sermons.

~Therese of Lisieux

For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy.

~Therese of Lisieux

It is my weakness that gives me all my strength.

~Therese of Lisieux

Love is a universe of its own, comprising all time and space.

~Therese of Lisieux

As the sun shines both on the cedar and the smallest flower, so the Divine sun illumines each soul.

~Therese of Lisieux

If every tiny flower wanted to be a rose, spring would lose its loveliness.

~Therese of Lisieux

Let us go forward in peace, our eyes upon heaven, the only one goal of our labors.

~Therese of Lisieux

I am very far from practicing what I understand.

~Therese of Lisieux

Trials help us detach ourselves from the earth; they make us look higher than this world.

~Therese of Lisieux

Without love, deeds, even the most brilliant, count as nothing.

~Therese of Lisieux

Silence does good to the soul.

~Therese of Lisieux

My vocation, at last I have found it; my vocation is love.

~Therese of Lisieux

I want to shine like a little candle before His altar.

~Therese of Lisieux

God would never inspire me with desires which cannot be realized; so in spite of my littleness, I can hope to be a saint.

~Therese of Lisieux

When we yield to discouragement it is usually because we give too much thought to the past and to the future.

~Therese of Lisieux

When one loves, one does not calculate.

~Therese of Lisieux

I want to give myself totally to Him...I want to live no longer but for Him.

~Therese of Lisieux

How happy I am to see myself as imperfect and to be in need of God's mercy.

~Therese of Lisieux

Discouragement itself is a form of pride.

~Therese of Lisieux

In trial or difficulty I have recourse to Mother Mary, whose glance alone is enough to dissipate every fear.

~Therese of Lisieux

I prefer the monotony of obscure sacrifice to all ecstasies. To pick up a pin for love can convert a soul.

~Therese of Lisieux

Never stop wanting for your magic

~Therese of Lisieux

You cannot be half a saint; you must be a whole saint or no saint at all.

~Therese of Lisieux

Even now I know it: yes, all my hopes will be fulfilled... yes... the Lord will work wonders for me which will surpass infinitely my immeasurable desires.

~Therese of Lisieux

Do not fear to tell Jesus that you love Him even without feeling it. That is the way to force Jesus to help you, to carry you like a little child too feeble to walk.

~Therese of Lisieux

Receive Communion often, very often...there you have the sole remedy, if you want to be cured. Jesus has not put this attraction in your heart for nothing.

~Therese of Lisieux

Jesus needs neither books nor Doctors of Divinity in order to instruct souls; He, the Doctor of Doctors, He teaches without noise of words.

~Therese of Lisieux

He has created the poor savage with no guide but natural law, and it is to their hearts that He deigns to stoop. They are His wild flowers whose homeliness delights Him.

~Therese of Lisieux

Perfection consists in doing His will, in being that which He wants us to be.

~Therese of Lisieux

For one pain endured with joy, we shall love the good God more forever.

~Therese of Lisieux

The guest of our soul knows our misery; He comes to find an empty tent within us - that is all He asks.

~Therese of Lisieux

What offends Him and what wounds His Heart is the lack of confidence...Your heart is made to love Jesus, to love Him passionately...We have only the short moments of our life to love Jesus!

~Therese of Lisieux

Holiness is a disposition of the heart that makes us humble and little in the arms of God, aware of our weakness, and confident - in the most audacious way - in His Fatherly goodness.

~Therese of Lisieux

(Her last words) Oh! I love Him! My God, I love You!

~Therese of Lisieux

Suffering is the very best gift He has to give us. He gives it only to His chosen friends.

~Therese of Lisieux

I felt it better to speak to God than about Him.

~Therese of Lisieux

My whole strength lies in prayer and sacrifice, these are my invincible arms; they can move hearts far better than words, I know it by experience.

~Therese of Lisieux

Love consumes us only in the measure of our self-surrender.

~Therese of Lisieux

Love is nourished only by sacrifices, and the more a soul refuses natural satisfactions, the stronger and more disinterested becomes her tenderness.

~Therese of Lisieux

Let us not be justices of the peace, but angels of peace.

~Therese of Lisieux

It isn't enough to love; we must prove it.

~Therese of Lisieux

the storm thunders at my heart; I find it difficult to believe in the existence of anything except the clouds which limit my horizon.

~Therese of Lisieux

It is not to remain in a golden ciborium that He comes down each day from Heaven, but to find another Heaven, the Heaven of our soul in which He takes delight.

~Therese of Lisieux

I am not afraid of a fight; I have to do my duty, come what may.

~Therese of Lisieux

Frequently, only silence can express my prayer.

~Therese of Lisieux



It is love alone that counts.

~Therese of Lisieux

Look at Him while He is looking at you.

~Therese of Lisieux

A heart given to God loses none of its natural tenderness; on the contrary, the more pure and divine it becomes, the more such tenderness increases.

~Therese of Lisieux

I would prefer a thousand times to receive reproofs than to give them to others.

~Therese of Lisieux

I also understood that God's love shows itself just as well in the simplest soul which puts up no resistance to His grace as it does in the loftiest soul.

~Therese of Lisieux

He does not call those who are worthy, but those whom He wills.

~Therese of Lisieux

True charity consists in putting up with all one's neighbors fault's; never being surprised by his weakness, and being inspired by the least of his virtues.

~Therese of Lisieux

I realized that to become a saint one must suffer a great deal, always seek what is best, and forget oneself.

~Therese of Lisieux

Whose hands are God's hands, but our hands?

~Therese of Lisieux

No harm can come to me since, in whatever happens, I see only the tender hand of Jesus.

~Therese of Lisieux

It's true, I suffer a great deal-but do I suffer well? That is the question.

~Therese of Lisieux

The country in which I live is not my native country, that lies elsewhere, and it must always be the center of my longings.

~Therese of Lisieux

the more one advances, the more one sees the goal is still far off. And now I am simply resigned to see myself always imperfect and in this I find my joy.

~Therese of Lisieux

Nothing's done well when it's done out of self-interest.

~Therese of Lisieux

The world's thy ship and not thy home.

~Therese of Lisieux

Life is only a dream: soon, we shall awaken. And what joy! The greater our sufferings, the more limitless our glory. Oh! do not let us waste the trial Jesus sends.

~Therese of Lisieux

In that first 'fusion' with Jesus (holy communion), it was my Heavenly Mother again who accompanied me to the altar for it was she herself who placed her Jesus into my soul.

~Therese of Lisieux

Time is but a shadow, a dream; already God sees us in glory and takes joy in our eternal beatitude. How this thought helps my soul! I

understand then why He lets us suffer.

~Therese of Lisieux

Heaven for me is hidden in a little Host Where Jesus, my Spouse, is veiled for love. I go to that Divine Furnace to draw out life, And there my Sweet Saviour listens to me night and day.

~Therese of Lisieux

nobody is a good judge in his own cause!

~Therese of Lisieux

She is more Mother than Queen.

~Therese of Lisieux

Trust and trust alone should lead us to love

~Therese of Lisieux

My soul experienced a peace so sweet, so deep, it would be impossible to express it.

~Therese of Lisieux

The good God would not inspire unattainable desires.

~Therese of Lisieux

The greatest honor God can do a soul is not give it much; but to ask much of it.

~Therese of Lisieux

I am simply content to find myself always imperfect, and in this I find my joy. Good deeds count as nothing, if done without love.

~Therese of Lisieux

Look at His adorable face. Look at His glazed and sunken eyes. Look at His wounds. Look Jesus in the Face. There, you will see how He

loves us.

~Therese of Lisieux

For me, prayer is an upward leap of the heart, an untroubled glance towards heaven, a cry of gratitude and love which I utter from the depths of sorrow as well as from the heights of joy.

~Therese of Lisieux

Love needs to be proved by action.

~Therese of Lisieux

It is only love which makes us acceptable to God.

~Therese of Lisieux

I'm suffering very much, but am I suffering very well? That's the point!

~Therese of Lisieux

He [Jesus] has no need of our works but only of our love.

~Therese of Lisieux

In spite of this trial, which takes all enjoyment from me, I can never the less, cry out, 'Lord, you fill me with joy in all that you do. For is there a joy greater than to suffer for love?'

~Therese of Lisieux

I will spend my heaven doing good on earth.

~Therese of Lisieux

What a joy to remember that she is our Mother! Since she loves us and knows our weakness, what have we to fear?

~Therese of Lisieux

Go often to Holy Communion. Go very often! This is your one remedy.

~Therese of Lisieux

Love is the Cross, and the Cross is Love.

~Therese of Lisieux

You must open a little, or rather raise on high your corolla so that the Bread of Angels may come as divine dew to strengthen you, and to give you all that is wanting to you.

~Therese of Lisieux

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