

Tia Mowry Quotes

*Thinking, Son, People, Children, Mom, Husband, Pregnancy, World, Sleep,
Choices, Closets, Homework, Plans, Real, Live Life, House, Students, Wow,
Passing Away, Night*

I think it's something that needs to be said - that there are interracial marriages out there, and the couples live happy lives, and there's nothing wrong with it.

~Tia Mowry

Money comes and goes. When you pass away it's about what you've done to make this world a better place.

~Tia Mowry

I'm very structured. I like planning things out. I get frustrated when they don't go according to plan.

~Tia Mowry

Before becoming a mom, I never knew how good I had it to just spend time at a spa for a few hours. Now, those days are far and between. So when I have an hour, it's all about the mani and pedi.

~Tia Mowry

There's nobody in the world that knows me better than my sister

~Tia Mowry

I love yoga because not only is it a workout for your body, but also your breathing, which helps release a lot of stress. It really prepares you for the day.

~Tia Mowry

Having a second chance makes you want to work even harder.

~Tia Mowry

I think the best thing about being pregnant would definitely have to be seeing just my belly grow and seeing, like, wow, there is, you know, something inside of me.

~Tia Mowry

Nobody's life is perfect and in the grand scheme of things, life is short. I think it's so important to live life to its fullest and choose to smile.

~Tia Mowry

I like to embrace natural beauty. I try to get at least 8 hours of sleep, drinking a lot of water and exercising.

~Tia Mowry

I think a lot of people see the flu as a common cold, but it's not: it's a serious respiratory illness that could lead to hospitalization and the young are extremely vulnerable.

~Tia Mowry

The older you get, the more you fight for your own identity and start to live your own life.

~Tia Mowry

My family is my biggest inspiration. My son, my husband, and my family inspire me to be better, do better, and live better.

~Tia Mowry

I'm very authentic, I think, and what I mean by that is whatever roles that I do take on, I'm really passionate about it.

~Tia Mowry

The coolest thing is that my sister and I, you know, we've done what a lot of people have not been able to do. Which is to have our own careers, together.

~Tia Mowry

I feel like art imitates life and life imitates art.

~Tia Mowry

My house is completely organized from my closets to my drawers.

~Tia Mowry

After my pregnancy, I discovered I have an allergy to yeast. Problem is, all the food I love has yeast in it. So I have to relearn how to cook.

~Tia Mowry

Motherhood has been the best thing that has ever happened to me. It has taught me a lot about myself, about the things I'm great at, and the things I need to work on.

~Tia Mowry

Happiness is a choice. Choose to be happy.

~Tia Mowry

I loved getting tutored and having that one-on-one attention that you sometimes do not get in regular school.

~Tia Mowry

I'm so obsessed and involved with my son.

~Tia Mowry

I would have to say I was an excellent student. I was the type to always do my homework and study when I needed to. I never really partied or did anything like that.

~Tia Mowry

Sleep is very precious to me. I love to sleep.

~Tia Mowry

It's disgusting that some focus on looks. I brought a beautiful child into this world.

~Tia Mowry

I feel, you know, empowered because I gave life. I have a son now. I

feel like I'm stronger.

~Tia Mowry

Optimism is a huge help when it comes to health.

~Tia Mowry

I think my secret would have to be just being true to who I am and just being myself.

~Tia Mowry

When I grew up I always wanted to act. Also, I wanted to be either a lawyer or a doctor. However, when I got to college and realized what those occupations entailed, I changed my mind real quick.

~Tia Mowry

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