

Tom Regan

Quotes

Animal, Vegan, Rights, Baby, World, Mean, Dog, Years, Practice, Hoe, Live Your Life, Nature, Watches, War, Learning, Thinking, Perfect, Justice, Fate, Kindness

It is not an act of kindness to treat animals respectfully. It is an act of justice.

~Tom Regan

If abandoning animal research means that there are some things we cannot learn, then so be it ... We have no basic right ... not to be harmed by those natural diseases we are heir to.

~Tom Regan

Veganism affirms what is best for us, what is best for the animals, and what is best for the environment. Everywhere you look, you find veganism entwined with what is best.

~Tom Regan

In a perfect world, we would not keep animals for our benefit, including pets.

~Tom Regan

If you were aboard a lifeboat with a baby and a dog, and the boat capsized, would you rescue the baby or the dog?" Regan, "If it were a retarded baby and a bright dog, I'd save the dog.

~Tom Regan

If it were a retarded baby and a bright dog, I'd save the dog.

~Tom Regan

I would encourage them never to forget that they were not always vegans. The self-righteousness of the recently converted hurts, it does not help, other animals.

~Tom Regan

When I say a vegan diet can be "the healthiest dietary option we can live by," I mean an informed vegan diet.

~Tom Regan

Live your life in ways that do not support wars, whosoever are the victims.

~Tom Regan

The culture isn't set up to embrace what we think and feel. Any doubt about that, just watch the ads on TV. They tell you where the dominant culture's values are - and they're not vegan!

~Tom Regan

Make vegan friends! It's a tough row to hoe doing it alone.

~Tom Regan

Once you become a vegan, the food of the world opens up to you.

~Tom Regan

Never give other people another reason to ignore other animals. That's what we do when we come across as being so much better than the next guy or gal.

~Tom Regan

There is no question in my mind: reading Gandhi's autobiography changed my life.

~Tom Regan

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