

Tony Buzan Quotes

*Thinking, Memories, Brain, Children, Skills, Effort, Learning, Opportunity,
Successful, Mistake, Powerful, Goal, Sports, Long, Normal, Oxygen, Changing
Your Life, Development, Patterns, Giants*

Whatever your discipline, become a student of excellence in all things. Take every opportunity to observe people who manifest the qualities of mastery.

~Tony Buzan

The Alexander Technique transformed my life. It is the result of an acknowledged genius. I would recommend it to anyone.

~Tony Buzan

Learning how to learn is life's most important skill.

~Tony Buzan

Memory and creativity are essential to education, but if you teach memory incorrectly, it is a total waste of time, and it will inhibit learning.

~Tony Buzan

The best results are achieved by using the right amount of effort in the right place at the right time. And this right amount is usually less than we think we need.

~Tony Buzan

If you are not actively seeking and creating opportunities, which always contain an element of risk, you are actually exposing yourself to more serious risks in the long term.

~Tony Buzan

For all aspects of memory, keep yourself physically fit. My catchphrase is, Healthy mind, healthy body, healthy body, healthy mind. Your memory needs oxygen as fuel, so why not feed it often?

~Tony Buzan

The desire for self-improvement is vital. There is no point in pushing children; they need to be the ones who want to learn new skills.

~Tony Buzan

The mind map will change your life.

~Tony Buzan

Definition is the companion of clarity; clarity is the guide to your goals.

~Tony Buzan

Through using our memory to its fullest we can unlock the vast reservoir of human potential that isn't currently being used.

~Tony Buzan

The less unnecessary effort you put into learning, the more successful you'll be . . . Doing the wrong thing with more intensity rarely improves the situation.

~Tony Buzan

Your brain is like a sleeping giant.

~Tony Buzan

Every child should try everything: sport, music, art, mathematics; they can do it all. Copying and competition are now seen as twin evils, but they are both useful tools.

~Tony Buzan

How can we get the most from every mistake we make?

~Tony Buzan

We teach mental literacy and radiant thinking; a revolution in human thought.

~Tony Buzan

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