Television, Shows, Next, Age, Machines, Nurse, Couple, Inspire, Taken, Father, Corny, Phones, Quality, Therapy, Use, Patterns, Personality, Media, Views, Wedding

If you are in the job for glamour, you're in for the shock of your life. The media is a huge shark pool.

~Trisha Goddard

I am an addictive personality.

~Trisha Goddard

I work very hard to keep on an even keel as far as alcohol is concerned.

~Trisha Goddard

It was only literally hours after the wedding when he felt he didn't have to keep up the facade.

~Trisha Goddard

Psychiatrists always say, Oh, we're very professional. I use exercise as my medication.

~Trisha Goddard

If you go to most third world countries, the older woman dispenses advice to the arguing couple while other members of the family, or even the village, sit around and listen. It is no big deal.

~Trisha Goddard

I know I can get to the stage where I'm drinking a lot. I tend to be rotten and groggy all day and hanging out for the next drink and five o'clock, ping! I have to just stop.

~Trisha Goddard

Somebody like me wouldn't have gone on to the Trisha show because I already had a public profile.

~Trisha Goddard

I suppose in London they all drink from the same watering holes.

~Trisha Goddard

I'll get into a pattern where I start sleeping only between 12 and 3.30, and go for weeks like that.

~Trisha Goddard

Normal is a cycle on the washing machine. There is no such thing when it comes to human beings.

~Trisha Goddard

There is a learning quality in all of our shows.

~Trisha Goddard

Daddy loves you, but he smacks you, and he can shout at you and smash things, but Daddy still loves you. So when you get into a relationship with someone who does all of that, why would it be unusual?

~Trisha Goddard

I am a smiling depressive.

~Trisha Goddard

Most of my peers in television seem to be from a different planet. I don't hang out with any of them.

~Trisha Goddard

I've had a lot of cognitive behavioural therapy, and am having a family now.

~Trisha Goddard

Because my father was a psychiatric nurse, I know my way around the system.

~Trisha Goddard

You should never ever ever have somebody else who is the foundation of your life. You need to be the foundation of your own sh*t.

~Trisha Goddard

I had this stereotypical view that black people apart from me probably threw stones and lived in huts.

~Trisha Goddard

It is ridiculous that somebody picks up the phone and calls somebody they see on television. Why don't they call somebody in their area? Don't they know about that?

~Trisha Goddard

I guess it's the age group of students; You are questioning life. Then there are those who actually see their problems reflected in it.

~Trisha Goddard

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