

# Troian Bellisario

## Quotes

*Thinking, People, School, Dad, Parent, World, Beautiful, Wonderful, Careers,  
Dream, Young, Car, Ivy, Wanted, Sweaters, Mom, I Hate, Letting Go,  
Supportive, Share*

My high school was a private school where you went to an Ivy League. That's just what was expected of you and nothing less. So I grew up never being okay with a 'B' because a 'B' was not good enough.

~Troian Bellisario

Just remembering that they [people with eating disorder] are young, beautiful and unique and that is worth everything in this world.

~Troian Bellisario

Hollywood is a challenging place; it's very easy for people to lose their heads. Fortunately, I grew up on it and I think I have a little bit of a head start.

~Troian Bellisario

I hate nothing more than having my nails painted. I feel like I'm in time out.

~Troian Bellisario

Even when I was young I wanted to be an actress.

~Troian Bellisario

It's a very wonderful yet difficult thing to be given a lot of really good opportunities and the world is at your fingertips.

~Troian Bellisario

I grew up with brothers. Girls terrified me.

~Troian Bellisario

You can have a disordered relationship with food, but to have an eating disorder is indicative of a mental illness, which I think needs treatment and recognition in a different way.

~Troian Bellisario

I like wearing my dad's sweaters because I knew that he wore them

when he held me when I was a baby.

~Troian Bellisario

As I got older, I had a bunch of friends that were various teen stars. I've always known people in the spotlight and people who just grew up in LA and had nothing to do with the industry.

~Troian Bellisario

When I was 5 years old, my best friends were Mary-Kate and Ashley Olsen because we lived across the street from each other.

~Troian Bellisario

My dad is a successful television producer, director and writer and my mom's a director and writer.

~Troian Bellisario

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