

# Vera Farmiga

## Quotes

*Thinking, Character, Children, Mother, Film, Want, Men, Home, Moving, Stories,  
Independent, Important, Directors, Giving, Actors, Different, Breastfeeding,  
Mean, Long, Comfort*

I have tender, romantic associations with upstate New York.

~Vera Farmiga

Music is what our feelings sound like.

~Vera Farmiga

There are women who make things better, there are women who change things, there are women who make things happen, who make a difference. I want to be one of those women.

~Vera Farmiga

In the quiet moments, the discoveries are made.

~Vera Farmiga

Your soul either feels lifted by something that you read, or it feels squashed by it.

~Vera Farmiga

No role is more challenging, rewarding and inspiring than my real-life role as a mom and a wife.

~Vera Farmiga

There's no wrong way to experience a film.

~Vera Farmiga

Am I ambitious? I used to be afraid of that word but now I think ambition is a good thing.

~Vera Farmiga

I think I always try to be accommodating and open and available and proving for my director. I love to give as many takes as they want. I love to give them as many choices as they want.

~Vera Farmiga

Doubt is the middle position between knowledge and ignorance. It encompasses cynicism but also genuine questioning.

~Vera Farmiga

I do love directing. I'm only comfortable working in the independent film arena for a very small budget where I have creative control and I can put my stamp on it.

~Vera Farmiga

I love Saturday nights with my best friend and a big bowl of pasta, wanting a good scare, something that will say, 'Listen, your life is not as bad as this. Your life can be so much worse'.

~Vera Farmiga

When you encounter sophistication in the creation of a female character, you thank the writers and you claim it.

~Vera Farmiga

I don't have a caustic sense of humor. What I find funny, that humor comes from a much gentler place.

~Vera Farmiga

When you're breastfeeding a child, you don't have the same retention as you do when you're not.

~Vera Farmiga

I was a Ukrainian folk dancer in my teens, and I toured the country in 1991, shortly before the break-up of the Soviet Union.

~Vera Farmiga

I'm hooked on Polanski's films, his psychological thrillers. I love 'Rosemary's Baby,' I love 'Repulsion.'

~Vera Farmiga

I think the worst thing that can happen to a good actor is fame.

~Vera Farmiga

The biggest research of all when I do a character is self-examination. You look at yourself and you ask, 'How am I similar to this person and how am I different?'

~Vera Farmiga

I can't get my knickers in a twist about my age and ageing in an industry that caters to the ids of 14-year-olds.

~Vera Farmiga

Sometimes music helps. If I feel that it's bogus, I'll literally just call myself out on camera and say that it's dishonest. You do whatever it takes.

~Vera Farmiga

I grew up in a Ukrainian Catholic-turned-Christian household, and that is my family's faith.

~Vera Farmiga

The limelight is a tricky place, because you can't believe what's going on around you. You stop observing. You stop perceiving. You stop extending yourself, and you become isolated.

~Vera Farmiga

My husband is my best friend; he knows my sensibilities.

~Vera Farmiga

The more people know about you, the more face-time you get in the media, the harder your job becomes to create a character in whom people suspend disbelief.

~Vera Farmiga

There's just a deeper level of sophistication in the writing of female characters on TV.

~Vera Farmiga

Chekhov, when it's done well and you're ready for it, can actually be quite funny.

~Vera Farmiga

Yeah, I think it's like any God-given gift. You writers have the gift of perception. If you don't use it, you're going to lose it. And it's the same thing with you [Lorraine], it's God-given.

~Vera Farmiga

I was very studious and square in college.

~Vera Farmiga

Honesty is not synonymous with truth.

~Vera Farmiga

You don't necessarily have to be religious to pray.

~Vera Farmiga

You don't have to be gay to be attracted to your friend.

~Vera Farmiga

I think God gave us senses of humor, and we should use them.

~Vera Farmiga

Whether we call it religion or faith, we all battle for a balanced integrated soul.

~Vera Farmiga

Honestly, I think a good film is spiritual, regardless of whether its subject is faith.

~Vera Farmiga

I think that films about faith made for faith-based communities have a certain tactic.

~Vera Farmiga

I just can't feel lukewarm about a character. I either despise her, admire her, or don't understand her and want to understand her.

~Vera Farmiga

I love to be surprised.

~Vera Farmiga

It's thematic in my career, if you look at most of my choices. It is some level of exploration of maternal angst and maternal heroism.

~Vera Farmiga

You know what's more difficult to do organically? Laughing. It's actually one of the hardest things to do on camera.

~Vera Farmiga

I'm pretty squeaky clean. No big tragedies in my childhood or adolescence or adulthood. I've had a very easygoing, simple life.

~Vera Farmiga

Do I observe holy days and holidays? Yeah, the ritual is very important to me. It's part of being Ukrainian Catholic. So every holy day we're baking pierogis and not eating meat.

~Vera Farmiga

I look for struggle in the roles I choose - struggle and perseverance.

~Vera Farmiga

I come from a massive family, and the youngest is twentysomething

years younger than I am, so I grew up with children.

~Vera Farmiga

I, for one, am tired of seeing movies about men damaging each other.

~Vera Farmiga

Do I pray? Yes. Prayer is very important to me.

~Vera Farmiga

I'm someone who can sit in a Buddhist temple, and I can sit with Pentecostals or with Orthodox Jews, and I still feel like I am in tune with all of them.

~Vera Farmiga

There really are three types of religious movies: the ones that make fun of it, the ones that vilify it and the ones that literally preach to the converted.

~Vera Farmiga

I've played a lot of mothers in my movies.

~Vera Farmiga

I think all religions can agree on certain definitions of God and concepts of God, like God being the god of love, the great 'I am' energy.

~Vera Farmiga

I didn't grow up watching film but as a Ukrainian-American, music and stories and dance are crucial.

~Vera Farmiga

Sometimes I attract roles that are necessary either for personal growth or enlightenment.

~Vera Farmiga

Editing is not a part of the filmmaking process I've ever been privy to as an actress.

~Vera Farmiga

There are some times when I think acting can be a noble profession. And when those rare roles come along, like *Down to the Bone*, you have the opportunity to be of service.

~Vera Farmiga

The writers could always do an about-face and change everything

~Vera Farmiga

I always thought *Uncle Vanya* could be a stoned masterpiece.

~Vera Farmiga

*Esquire* needs to be more like a mommy blog

~Vera Farmiga

I don't necessarily need Hollywood.

~Vera Farmiga

I have the best husband a wife could possibly have. He's the best father my children could have.

~Vera Farmiga

You ought to have a perspective when you're making a film.

~Vera Farmiga

I just hate one-dimensional portrayals of religion; it's too cheap and easy to do, and ignores the nuances that go into having a belief system.

~Vera Farmiga

*Esquire's* all about mommy issues now. Breastfeeding, vaccinations,



playdate etiquette.

~Vera Farmiga

My father instilled in me - of utmost importance and innate in me is the yearning to determine for myself - to define God, to define holiness for myself.

~Vera Farmiga

I'm incredibly spiritual. There are like tens of thousands of denominations; I don't fit in any one of those denominations comfortably. But I have a very personal relationship with God.

~Vera Farmiga

I bet you could look at every single thing I've ever done and reduce it to that parenting schematic.

~Vera Farmiga

I have a lot of frustration with religion, organized religion, because it's man-made, because it's man-regulated. And it has nothing to do with my relationship with God.

~Vera Farmiga

You earn very little money on independent films and I'm the provider for my home, so I do have to think of taking one for the accountant time and again and that means studio pictures.

~Vera Farmiga

We take a lot for granted as second wave feminists, what our mothers and aunts did for us.

~Vera Farmiga

It's true: I don't remember what life was like before parenthood.

~Vera Farmiga

It's a very different thing, religion and faith. Religion is man-made, it's man-regulated. And faith, you can define God as you wish. But I think they're two different things.

~Vera Farmiga

I am drawn to intimate, often uncomfortable portraits of a woman persevering and awakening.

~Vera Farmiga

I cherish each director that I have. I want to be maneuvered out of my comfort zones. I don't have the time to prepare.

~Vera Farmiga

I rely on my directors, a lot. I love being directed.

~Vera Farmiga

The experience of giving birth itself made me feel more womanly.

~Vera Farmiga

It's terrifying to be the lead. There's a moment of excitement, and then pure terror.

~Vera Farmiga

Normally, I rely heavily on my director to massage me out of my actor comfort zones.

~Vera Farmiga

As an actor, you're sort of the court-appointed lawyer for the character.

~Vera Farmiga

The depth of exploration of the male psyche and the female psyche is uneven. I see further, deeper renderings of what it means to be a man.

~Vera Farmiga

The different tempos and yeah, it's cadence. It's the way she moves through space, it's gestures.

~Vera Farmiga

I'm a full-time mom. I've never felt as prepared, as before maternity.

~Vera Farmiga

I cannot even imagine college. I'm white-knuckling it just letting my son go to kindergarten for eight hours a day.

~Vera Farmiga

Someone once told me that religion is like a knife: You can stab someone with it, or you can slice bread with it.

~Vera Farmiga

Whether you're making a million dollar film or a \$100 million film there is never enough money, there's never enough time.

~Vera Farmiga

The fears and anxieties and obsessions wrapped up in being a parent.

~Vera Farmiga

Faith is important to me.

~Vera Farmiga

Patrick sort of had a very pragmatic, practical, Ed-like approach and went down to see.

~Vera Farmiga

When I look at female characters, I want to recognize myself in them - my trials, my tribulations as a mother, as a wife, as a lover, as a daughter.

~Vera Farmiga

It's a delicate thing for me, with how involved I am in social media and being a part of people's lives in a way that they want me to.

~Vera Farmiga

Partying has never been my thing. I've been around some wild people. I've been in the same room and watched them experiment, and that's been entertaining.

~Vera Farmiga

I chase after inspiring stories.

~Vera Farmiga

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