

Vijender Singh Quotes

*Boxing, Sports, Believe, Achievement, Bollywood, Thinking, Moments, London
Olympics, Honey, Giving, Talking, Juniors, Olympics, Teaching, Breakfast,
Scrutiny, Glasses, Meals, Doe, Athens*

I believe, whatever God does, he does it for the good. I always try to look at life like that.

~Vijender Singh

Sportspersons have to reinvent themselves every day. It helps them improve.

~Vijender Singh

Scrutiny has never scared me because I have had detractors all my life.

~Vijender Singh

I've grown up with Bollywood, and I continue to enjoy it. But boxing remains my passion.

~Vijender Singh

I have never thought of a full-fledged career in Bollywood because boxing has never left my mind. But you never know.

~Vijender Singh

I'm a big fan of the Rocky series. Given the chance, I'd love to meet Sylvester Stallone. But apart from boxing, I'm an ardent fan of tennis and football.

~Vijender Singh

I eat healthy and don't go by a diet chart. The breakfast is usually heavy, complemented with short frequent meals. My dinner is high on proteins and low on carbohydrates.

~Vijender Singh

I know my Beijing medal has been a watershed moment in the history of Indian boxing, but personally speaking, I would like to better it in London.

~Vijender Singh

I train for around 3-4 hours everyday. It can go up to 6-7 hours when a competition is approaching.

~Vijender Singh

I have a carbohydrate and protein-rich diet. For breakfast, I typically have two slices of bread with butter or jam, four to five eggs - boiled or fried - a few bananas and a glass of milk.

~Vijender Singh

I love music, and can dance on the desi beats. Punjabi music is my favourite. I listen to artists like Honey Singh. I love his music. I also love watching Bollywood films.

~Vijender Singh

As far as action is concerned, our films have been coming up with some great sequences. In fact, I think Hollywood is copying Bollywood by getting their heroes to bash up 15 guys at a time.

~Vijender Singh

I do a lot of yoga and meditation. It calms my nerves and helps me channelise my energy.

~Vijender Singh

Achievements are precious and timeless, just like the precious metal platinum. And what better way to celebrate milestones in your life than with precious platinum.

~Vijender Singh

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