

Viola Spolin

Quotes

*Play, Intuition, Theatre, Wish, Creativity, Reality, Mind, Individual, Initiate,
Environment, Communicate, Known, Player, Technique, Views, Stranger,
Memories, Losing Everything, Space, Watches*

Play touches and stimulates vitality, awakening the whole person - mind, body, intelligence and creativity.

~Viola Spolin

Everyone can act. Everyone can improvise. Anyone who wishes to can play in the theatre.

~Viola Spolin

The unknown is where we go to find new things and intuition is how we find them.

~Viola Spolin

The techniques of the theater are the techniques of communicating.

~Viola Spolin

We learn through experience and experiencing, and no one teaches anyone anything.

~Viola Spolin

Theater Games are a process applicable to any field, discipline, or subject matter which creates a place where full participation, communication, and transformation can take place.

~Viola Spolin

First teach a person to develop to the point of his limitation and then-pfft!-break the limitation.

~Viola Spolin

Get out of your head, into your space and await the invisible stranger

~Viola Spolin

Through spontaneity we are re-formed into ourselves.

~Viola Spolin

If the environment permits it, anyone can learn whatever he chooses to learn, and if the individual permits it, the environment will teach him everything it has to teach.

~Viola Spolin

One must be chary of words because they turn into cages.

~Viola Spolin

That which is not yet known comes out of that which is not yet here.

~Viola Spolin

Creativity is not the clever rearranging of the known.

~Viola Spolin

General improvisations often give actors an insight beyond their words by helping them to 'see the word' and achieve a reality for the scene.

~Viola Spolin

Don't initiate! Follow the initiator! Follow the follower.

~Viola Spolin

When the rational mind is shut off, we have the possibility of intuition.

~Viola Spolin

We have freedom of speech, but you got to watch what you say.

~Viola Spolin

My vision is a world of accessible intuition.

~Viola Spolin

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