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Carlsen will be ridiculously difficult to play against. (on the 2013 World Championship match)

~Viswanathan Anand

Confidence is very important - even pretending to be confident. If you make a mistake but do not let your opponent see what you are thinking then he may overlook the mistake.

~Viswanathan Anand

If revenge motivates you, go for it! But the main thing is to set your game in order.

~Viswanathan Anand

Intuition in chess can be defined as the first move that comes to mind when you see a position.

~Viswanathan Anand

You need to motivate yourself, no matter what-definitely when things are bad, but also when things are good. Or else, you risk becoming complacent.

~Viswanathan Anand

In any match, there are few critical moments where there's no second best decision. The rest of the moves are intuitive.

~Viswanathan Anand

I attend to my fitness. I go the gym every day and try to maintain my physical fitness; without that, it is tough to take challenges on the chess board.

~Viswanathan Anand

For every door the computers have closed they have opened a new one.

~Viswanathan Anand

For me, each game is a new challenge, which has to be dealt with rationally and systematically. At that time, every other thought fades into oblivion.

~Viswanathan Anand

A win is a win, which is about that particular moment.

~Viswanathan Anand

There is always the risk of being over-confident when you are preparing to face a weaker player.

~Viswanathan Anand

Nowadays, when you're not a grandmaster at 14, you can forget about it

~Viswanathan Anand

Each match I play is the most important one yet.

~Viswanathan Anand

When you play with the best in the world, it is important that you not lose focus. You must be fully focused. Even a minor error could result in a massive defeat.

~Viswanathan Anand

It is very difficult to play a single blitz game! You want to play for a long time. So I tend not to do that anymore.

~Viswanathan Anand

Each match I approach like a new one. The work is so immense that you don't have time to sit and ponder.

~Viswanathan Anand

Chess is like a language, the top players are very fluent at it. Talent can be developed scientifically but you have to find first what you are good

at.

~Viswanathan Anand

I keep forcing, I keep learning new things in the game, and so far I have been taking challenges as they come.

~Viswanathan Anand

My practice schedule is not constant and changes a lot and depends on my moods also.

~Viswanathan Anand

In the knockout tournaments, it's futile to prepare for a grand finale. You may have worked out many strategies for the final. But you may lose in the first round itself.

~Viswanathan Anand

I would never suggest to anyone that they drop school for chess. First of all even if you can make it in chess, your social skills need to be developed there.

~Viswanathan Anand

Before a match, I do not follow any chess news except the games.

~Viswanathan Anand

Preparedness for a game that usually lasts four-five hours requires good physical condition and also steady nerves.

~Viswanathan Anand

Psychology plays a big part but I always say psychology will only be a differentiator when the players are of equal technical strength.

~Viswanathan Anand

We want more women players to take up chess. There are few participants at the national level and hope it will grow.

~Viswanathan Anand

There are two aspects to being competitive; one is to do with sports, and the other is about technical skills. Being able to recollect the moves and apply them when necessary is a critical aspect.

~Viswanathan Anand

I like to keep myself physically and mentally fit before any important match. I usually take a short nap just before the game and do not practice immediately before the tournament.

~Viswanathan Anand

I feel that schools and corporates should help the government in popularising sports in the country. Blaming the government for every sporting debacle will not be fair.

~Viswanathan Anand

My job is to play chess, the game that I love. I achieve what I can in chess. That is what I focus on. Basically, I am always focused on playing the game, and this is important to me.

~Viswanathan Anand

I love travelling and going on wildlife safaris. I have an interest in astronomy. I like reading on current affairs, business and science. I love doing nothing if I can help it.

~Viswanathan Anand

I'll take my five positions per second any day, thank you

~Viswanathan Anand

In a way players at the top should try to promote the game in their own countries as that is the legacy that makes you feel proud. If you have not done that you have failed as a sportsperson.

~Viswanathan Anand

I would prefer chess to become part of the Olympic Games. This would also lead to chess become more accepted as a sport in general.

~Viswanathan Anand

In 1996, the players at the VSB tournament in Amsterdam sent me a card for my wedding with this dedication, 'Anand congrats on your wedding. You were a great player, now be ready to lose 50 points'.

~Viswanathan Anand

I was very lucky that while I was a chess player in a country where chess was not a big deal, I happened to be in the one city where there was a sprouting chess team: Chennai.

~Viswanathan Anand

India has lot of talent. What I am happy with is that the talent keeps on coming. Certainly it could be nice, though I am not terribly keen on seeing my successor yet.

~Viswanathan Anand

When there's an important tournament going on, I try and stay in a bubble. It's easy that way because then you don't have to worry about anything else.

~Viswanathan Anand

In chess, knowledge is a very transient thing. It changes so fast that even a single mouse-slip sometimes changes the evaluation.

~Viswanathan Anand

Being the undisputed world champion is a relief. We instituted a unified chess title, I am the absolute world champion.

~Viswanathan Anand

I have a love for astronomy; Aruna, my wife, and I love travelling, so whenever we get an opportunity, we set off to explore places that have

tickled our interest. We are also wildlife enthusiasts.

~Viswanathan Anand

I appreciate the support and anyone who takes up a position on my behalf. Especially in matches, this feeling that there are people behind you, gives me a lot of strength.

~Viswanathan Anand

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