

# Wilhelm Reich

## Quotes

*Men, Thinking, Mean, Character, Anxiety, People, Law, Energy, Life,  
Responsibility, War, Long, Race, Believe, Freedom, Children, Feelings,  
Pioneers, Goal, Animal*

Once we open up to the flow of energy within our body, we can also open up to the flow of energy in the universe.

~Wilhelm Reich

If the psychic energies of the average mass of people watching a football game or a musical comedy could be diverted into the rational channels of a freedom movement, they would be invincible.

~Wilhelm Reich

Sexually awakened women, affirmed and recognized as such, would mean the complete collapse of the authoritarian ideology

~Wilhelm Reich

It is sexual energy which governs the structure of human feeling and thinking.

~Wilhelm Reich

Only the liberation of the natural capacity for love in human beings can master their sadistic destructiveness.

~Wilhelm Reich

Emotional and physical states can be altered by changing the breathing pattern.

~Wilhelm Reich

Every muscular rigidity contains the history and the meaning of its origin.

~Wilhelm Reich

Make it plain that you have no time for war, that you have more important things to do....let the diplomats and marshals of the earth shoot each other.

~Wilhelm Reich

The Little Man does not know that he is little, and he is afraid of knowing it. He covers up his smallness and narrowness with illusions of strength and greatness...

~Wilhelm Reich

The pleasure of living and the pleasure of the orgasm are identical. Extreme orgasm anxiety forms the basis of the general fear of life.

~Wilhelm Reich

Love is the absence of Anxiety.

~Wilhelm Reich

In its pure form, fascism is the sum total of all irrational reactions of the average human character.

~Wilhelm Reich

Not until man is willing to recognize his animal nature - in the good sense of the word - will he create genuine culture.

~Wilhelm Reich

We live in a community of people not so that we can suppress and dominate each other or make each other miserable but so that we can better and more reliably satisfy all life's healthy needs.

~Wilhelm Reich

Fascism is the frenzy of sexual cripples.

~Wilhelm Reich

Hitler repeatedly stressed that one could not get at the masses with arguments, proofs, and knowledge, but only with feelings and beliefs.

~Wilhelm Reich

Scientific theory is a contrived foothold in the chaos of living phenomena.

~Wilhelm Reich

Love, work and knowledge are the well-springs of our life. They should also govern it.

~Wilhelm Reich

Honest pioneer work in the field of science has always been, and will continue to be, life's pilot. On all sides, life is surrounded by hostility. This puts us under an obligation.

~Wilhelm Reich

Am I a spaceman? Do I belong to a new race on earth, bred by men from outer space in embraces with earth women?

~Wilhelm Reich

Most intellectual people do not believe in God, but they fear him just the same.

~Wilhelm Reich

It is above all man's social position that decides whether he will sublimate his sadism as a butcher, surgeon, or policeman.

~Wilhelm Reich

Every seemingly arbitrary destructive action is a reaction of the organism to the frustration of a gratification of a vital need, especially of a sexual need.

~Wilhelm Reich

Only you yourself can be your liberator!

~Wilhelm Reich

And the truth must finally lie in that which every oppressed individual feels within himself but hasn't the courage to express

~Wilhelm Reich

Only one thing matters: live a good, happy life. Do your heart's bidding, even when it leads you on paths that timid souls would avoid. Even when life is a torment, don't let it harden you.

~Wilhelm Reich

Mistaking insolence for freedom has always been the hallmark of the slave.

~Wilhelm Reich

The few bad poems which occasionally are created during abstinence are of no great interest.

~Wilhelm Reich

In recent times, more and more human thinking has come to assume that the idea of a universal natural law and the idea of 'God' are pointing to one and the same reality.

~Wilhelm Reich

On all sides, life is surrounded by hostility. This puts us under an obligation.

~Wilhelm Reich

The sexual drive is nothing but the motor memory of previously remembered pleasure.

~Wilhelm Reich

The fact that Hitler was a political genius unmasks the nature of politics in general as no other fact can.

~Wilhelm Reich

I do not believe that to be religious in the best, authentic sense a man has to destroy his love life and mummify himself, body and soul.

~Wilhelm Reich

The question of how and why the encrustations and rigidifications of human emotional life are brought about led directly into the realm of vegetative life.

~Wilhelm Reich

Because I'm a man who works, who knows what a human being is like inside, who knows that every human being has his worth, and who wants the world to be governed by work and not by opinions about work.

~Wilhelm Reich

The vital energies regulate themselves naturally without compulsive duty or compulsive morality both of which are sure signs of existing antisocial impulses.

~Wilhelm Reich

It is the basic evasion of the essential which is the problem of man.

~Wilhelm Reich

You have no sense of your true duty, which is to be a man and preserve humanity. You imitate wise men so badly and bandits so well. Your movies and radio programs are full of murder.

~Wilhelm Reich

I observe to the letter all laws that make sense but combat those that are obsolete or absurd.

~Wilhelm Reich

The discovery of orgone energy was made through consistent, thorough study of energy functions, first in the realm of the psyche, and later in the realm of biological functioning.

~Wilhelm Reich

Work democracy does not wish to prevent or prohibit anything. Its only

intention is the fulfilment of the biological life functions, of love, work and knowledge.

~Wilhelm Reich

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