

William Davis

Quotes

*Two, People, Trying, Records, Years, Blood, Looks, Cutting, Paper, Thinking,
Different, Levels, Cpr, Patient, Community, Stuff, Wheat, Technology, Doctors,
Medicine*

Eating wheat, like ice climbing, mountain boarding, and bungee jumping, is an extreme sport. It is the only common food that carries its own long-term mortality rate.

~William Davis

A wheat belly represents the accumulation of fat that results from years of consuming foods that trigger insulin, the hormone of fat storage.

~William Davis

Therefore, wheat products elevate blood sugar levels more than virtually any other carbohydrate, from beans to candy bars.

~William Davis

If someone accidentally ingests sodium azide, you shouldn't try to resuscitate the person because you could die, too, giving CPR. This is a highly toxic chemical.

~William Davis

Reputation is what you have when you come to a new community; character is what you have when you go away.

~William Davis

Aside from some extra fiber, eating two slices of whole wheat bread is really little different, and often worse, than drinking a can of sugar-sweetened soda or eating a sugary candy bar.

~William Davis

There are two basic rules which should never be broken. Be subtle. And don't, for God's sake, try to do business with anyone who's having a bad game.

~William Davis

Tobacco farmers would say, "Look, I'm just trying to make a living and feed my family." Nevertheless, tobacco is incredibly harmful and kills

people.

~William Davis

Anytime you adopt a new system you change work flow and so people have to change, to some degree change the way in which they do things.

~William Davis

When you have a paper based system, you are relying on your memory to a large extent about the patient. Now the paper records can have various kinds of ticklers.

~William Davis

In many offices it could take several days to find a paper chart and some we'll never find. Ten percent of the paper records are never found. So you have this huge delay in time.

~William Davis

If I am used to looking at a paper chart and finding information that I know approximately where I'm going to look at that and now I have to go to a computer and find it a different way.

~William Davis

To be Canadian is to live in relative calm and with great dignity.

~William Davis

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