

Wilma Rudolph Quotes

*Motivational, Sports, Success, Running, Happiness, Inspirational, Believe,
Determination, Jobs, Winning, Years, Perseverance, Goal, Life, America,
Athlete, Running Fast, White, Pneumonia, Jumping*

Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us.

~Wilma Rudolph

'I can't' are two words that have never been in my vocabulary. I believe in me more than anything in this world.

~Wilma Rudolph

Winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose.

~Wilma Rudolph

When the sun is shining I can do anything; no mountain is too high, no trouble too difficult to overcome.

~Wilma Rudolph

My doctor told me I would never walk again. My mother told me I would. I believed my mother.

~Wilma Rudolph

I loved the feeling of freedom in running, the fresh air, the feeling that the only person I'm competing with is me.

~Wilma Rudolph

No matter what great things you accomplish, somebody helps you.

~Wilma Rudolph

The potential for greatness lives within us all.

~Wilma Rudolph

Believe me, the reward is not so great without the struggle.

~Wilma Rudolph

I ran and ran and ran every day, and I acquired this sense of determination, this sense of spirit that I would never, never give up, no matter what else happened.

~Wilma Rudolph

The triumph can't be had without the struggle.

~Wilma Rudolph

I knew that whatever I set my mind to do. I could do.

~Wilma Rudolph

I tell them that the most important aspect is to be yourself and have confidence in yourself.

~Wilma Rudolph

I don't consciously try to be a role model, so I don't know if I am or not. That's for other people to decide.

~Wilma Rudolph

It doesn't matter what you're trying to accomplish. It's all a matter of discipline. I was determined to discover what life held for me beyond the inner-city streets.

~Wilma Rudolph

My mother taught me very early to believe I could achieve any accomplishment I wanted to. The first was to walk without braces.

~Wilma Rudolph

The feeling of accomplishment welled up inside of me, three Olympic gold medals. I knew that was something nobody could ever take away from me, ever.

~Wilma Rudolph

I believe in me more than anything in this world.

~Wilma Rudolph

I would be disappointed if I were remembered as a runner because I feel that my contribution to the youth of America has far exceeded the woman who was the Olympic champion.

~Wilma Rudolph

I'm in my prime. There's no goal too far, no mountain too high.

~Wilma Rudolph

Sometimes it takes years to really grasp what has happened to your life.

~Wilma Rudolph

I thought I'd never get to see that. Florence Griffith Joyner -- every time she ran, I ran.

~Wilma Rudolph

By the time I was 12 I was challenging every boy in our neighborhood at running, jumping, everything.

~Wilma Rudolph

I don't know why I run so fast. I just run.

~Wilma Rudolph

But when you come from a large, wonderful family, there's always a way to achieve your goals.

~Wilma Rudolph

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