

Yoko Ono

Quotes

*Thinking, People, Artist, Art, Men, Giving, World, Beautiful, Way, Want,
Communication, Important, Trying, Inspirational, Mother, Creativity, War, Needs,
Mind, Heart*

A dream you dream alone is only a dream. A dream you dream together is reality.

~Yoko Ono

You change the world by being yourself.

~Yoko Ono

Some people are old at 18 and some are young at 90. Time is a concept that humans created.

~Yoko Ono

Smile to the future and it will smile back to you

~Yoko Ono

Every drop in the ocean counts.

~Yoko Ono

Fracking kills, and it doesn't just kill us. It kills the land, nature and, eventually, the whole world.

~Yoko Ono

Imagine a dolphin dancing in the sky. Let it dance with joy. Think of yourself at the bottom of the ocean watching.

~Yoko Ono

Spring passes and one remembers one's innocence. Summer passes and one remembers one's exuberance. Autumn passes and one remembers one's reverence. Winter passes and one remembers one's perseverance.

~Yoko Ono

Each time we don't say what we wanna say, we're dying.

~Yoko Ono

Healing yourself is connected with healing others.

~Yoko Ono

Be silent in a group of people See what they reveal to you.

~Yoko Ono

Remember, each one of us has the power to change the world. Just start thinking peace, and the message will spread quicker than you think.

~Yoko Ono

I think that all women are witches, in the sense that a witch is a magical being. Don't be scared of witches, because we are good witches, and you should appreciate our magical power.

~Yoko Ono

If everybody thinks of something, then it will happen. Your mind is part of the universe. It is connected, you can use its energy.

~Yoko Ono

Artists are going to be the metronome of this society.

~Yoko Ono

We are all dreamers creating the next world, the next beautiful world for ourselves and for our children.

~Yoko Ono

Sometimes I am happy and sometimes not. I am, after all, a human being, you know. And I am glad that we are sometimes happy and sometimes not. You get your wisdom working by having different emotions.

~Yoko Ono

Look at yourself in the mirror and don't be afraid to notice how beautiful

you are.

~Yoko Ono

The sky is always there for me, while my life has been going through many, many changes. When I look up the sky, it gives me a nice feeling, like looking at an old friend.

~Yoko Ono

The opposite of love is fear, not hate.

~Yoko Ono

Fracking is an incredible risk to the human race, I don't know why they even thought of doing it.

~Yoko Ono

We've been filled with great treasure for one purpose: to be spilled.

~Yoko Ono

Mirror becomes a razor when it's broken. A stick becomes a flute when it's loved.

~Yoko Ono

Try to say nothing negative about anybody for three days, for forty-five days, for three months. See what happens to your life.

~Yoko Ono

See what you can do. See what you want to do. See what you will do about it. Find your way out.

~Yoko Ono

I have the outsider's vision, which is creating wisdom I can share with the world. The fact that I am misunderstood has always given me an added impetus to work on communication to bridge the gap.

~Yoko Ono

I thought art was a verb, rather than a noun.

~Yoko Ono

The human race is a very, very magical race. We have a magic power of witches and wizards. We're here on this earth to unravel the mystery of this planet. The planet is asking for it.

~Yoko Ono

Smile in the mirror. Do that every morning and you'll start to see a big difference in your life.

~Yoko Ono

Be kind to yourself this evening. Buy something for yourself. Treat yourself to a meal. Look in the mirror and give yourself a smile

~Yoko Ono

If I was a Jewish girl in Hitler's day, I would become his girlfriend. After ten days in bed, he would come to my way of thinking.

~Yoko Ono

Controversy is part of the nature of art and creativity.

~Yoko Ono

Kill all the men you have slept with. Put the bones in a box and send it into the sea with flowers.

~Yoko Ono

Words are power. And a book is full of words. Be careful what power you get from it. But know that you do.

~Yoko Ono

The 1960s were about releasing ourselves from conventional society and freeing ourselves.

~Yoko Ono

Nobody's life is a bed of roses. We all have crosses to bear and we all just do our best.

~Yoko Ono

Distance doesn't exist, in fact, and neither does time. Vibrations from love or music can be felt everywhere, at all times.

~Yoko Ono

Don't ever give up on life. Life can be so beautiful, especially after you've spent a lot of time with it.

~Yoko Ono

When you are feeling bad, do one thing a day to make your heart dance. It could be a simple thing like looking up at the sky.

~Yoko Ono

Remember love. Remember our hearts are one. Even when we are fighting with each other, our hearts are beating in unison. I love you.

~Yoko Ono

Tape the sound of friends laughing together. Save it for a rainy day.

~Yoko Ono

Keep going until your efforts start to make things better in your hometown.

~Yoko Ono

My life has always been unplanned. So when something comes along, I feel like, Why not give it a try? It's fun to experiment like that.

~Yoko Ono

Rather than deal with problems in relationships, I've always moved on. That's why I'm one of the very few survivors as a woman, you know.

~Yoko Ono

Over 1,057,000 people have been killed by guns in the USA since John Lennon was shot and killed on 8 Dec 1980.

~Yoko Ono

If someone is unpleasant to you, draw a halo around his or her head in your mind. He/she is an angel who came to teach you something.

~Yoko Ono

It's always good to do something that is not a repeat. I just don't believe in repeating.

~Yoko Ono

Spring passes and one remembers one's innocence.

~Yoko Ono

I really feel that artists or musicians are controversial people. Controversy is part of the nature of art and creativity. If people are not doing that, they're not artists - they're artisans.

~Yoko Ono

My beauty secret is... nothing! I don't drink too much water. I don't eat very well. Sometimes I cheat and grab some chocolate. The best thing is to eat what you want, but not very much.

~Yoko Ono

People say that this new generation is so used to the Internet that their heads are already different. They can't read a book from beginning to end. That is not a tragedy. The book changes form.

~Yoko Ono

We get shy about saying things like I love you. Life is so short. It's crazy, that we hesitate to express our true thoughts to each other.

~Yoko Ono

Transform jealousy to admiration, and what you admire will become part of your life.

~Yoko Ono

Every moment in our lives is a miracle we should enjoy instead of ignoring.

~Yoko Ono

The regret of my life is that I have not said 'I love you' often enough.

~Yoko Ono

All my life, I have been in love with the sky. Even when everything was falling apart around me, the sky was always there for me.

~Yoko Ono

Stand in the evening light until you become transparent or until you fall asleep.

~Yoko Ono

Look at a star in the sky not as something unreachable but as a planet you would visit one day.

~Yoko Ono

But only art and music have the power to bring peace.

~Yoko Ono

Experiencing sadness and anger can make you feel more creative, and by being creative, you can get beyond your pain or negativity.

~Yoko Ono

In your head, a sunset can go on for days

~Yoko Ono

People don't remember each tree in a park but all of us benefit from the

trees. And in a way, artists are like trees in a park.

~Yoko Ono

I saw that nothing was permanent. You don't want to possess anything that is dear to you because you might lose it.

~Yoko Ono

People think that their world will get smaller as they get older. My experience is just the opposite. Your senses become more acute. You start to blossom.

~Yoko Ono

You may think I'm small, but I have a universe inside my mind.

~Yoko Ono

Love is an incredibly strong thing, it goes everywhere, it's like water, you can't stop it. Love, once you have it, once you create a kind of pathway for it to come out, it just keeps on coming out.

~Yoko Ono

Cosmetics is a boon to every woman, but a girl's best beauty aid is still a near-sighted man.

~Yoko Ono

Imagine the clouds dripping Dig a hole in your garden to put them in

~Yoko Ono

There's a long life ahead of you and it's going to be beautiful, as long as you keep loving and hugging each other.

~Yoko Ono

It's better to dance than to march through life.

~Yoko Ono

When people ask me what the most important thing is in life, I answer: 'Just breathe.'

~Yoko Ono

If your life changes, we can change the world, too.

~Yoko Ono

Next time you meet a 'foreigner', remember it's only like a window with a different shape to it and the person who's sitting inside is you.

~Yoko Ono

Everyone is an artist and a genius, I think. If we don't choose to limit ourselves then we are totally accomplished.

~Yoko Ono

Give peace a chance and let's hope that one day we will all live in peace.

~Yoko Ono

I just go with the flow, so any style can be in my music - that makes it exciting.

~Yoko Ono

My husband John Lennon was a very special man. A man of humble origin, he brought light and hope to the whole world with his words and music.

~Yoko Ono

I always thought that I was an important musician. If you don't have that confidence, why would you go on and do it?

~Yoko Ono

I see so many activists... who are artists because they feel that they have the power of communication.

~Yoko Ono

We don't have a particular organization, but we all want to make a world in which justice is given to each one of us.

~Yoko Ono

At least I had that, one guy understood me.

~Yoko Ono

When I turned 60, it didn't bother me at all.

~Yoko Ono

What is beauty? It's what you love.

~Yoko Ono

Music is like my security blanket.

~Yoko Ono

The cynicism that you have is not your real soul.

~Yoko Ono

Use your blood to paint. Keep painting until you faint. Keep painting until you die.

~Yoko Ono

Marriage is a gamble, let's be honest.

~Yoko Ono

Be kind once a day - even if it's just in your mind.

~Yoko Ono

I'm not going to doubt my life.

~Yoko Ono

There are things you can never take, no matter how strong you are.

~Yoko Ono

To have a relationship that is pure and passionate and beautiful - I think people are scared of having that now. Especially guys.

~Yoko Ono

I think of John every day. I do try to block it, but December 8th is not the only day I think of him.

~Yoko Ono

I admire all people who are trying to be a good power in this chaotic world.

~Yoko Ono

I'm not the kind of woman who would love to make soup or knit sweaters. I never cherished that so much.

~Yoko Ono

I think if you give in and accept society's stereotypes, then you start thinking, 'I cannot dance till late at night because I'm 70.'

~Yoko Ono

Real success is doing things right every day by not forgetting to express love to your friends.

~Yoko Ono

In a way the new music showed things could be transformed by new channels of communication.

~Yoko Ono

I often wish my mother had died so that at least I could get some people's sympathy. But there she was, a perfectly beautiful mother.

~Yoko Ono

Your private life is really very important for you. You know, all of us, you know.

~Yoko Ono

True artists are prophets. I don't want to be that prophetic in that sense because it's so lonely.

~Yoko Ono

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